



# Accelerated Action Plan (AAP-Health) Health Department, Government of Sindh

## SUCCESS STORIES

100 Success Stories  
VOLUME-2  
2021-22



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CASE STUDY

Case Study No.: 01  
Health Facility Name: OTP Site MCH Badin  
District: Badin, Sindh  
Managed by: PPHI Sindh  
Prepared by: Shazma Jamali (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Alaf Hussain
Age	11 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Gullam Hussain (Driver)
Glance at family	<ul style="list-style-type: none"> <li>His father is a Riksha Driver &amp; his family belongs to a poor family</li> <li>Taking Inadequate food &amp; lack of hygienic condition</li> <li>His mother and father both are illiterate</li> <li>His house builds of hut &amp; clay.</li> <li>Health and Hygiene Practice is not good</li> </ul>

Pictures:



Admission time



Follow Up

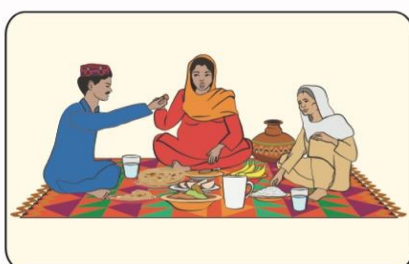


Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.5 cm
Weight at the time of admission	5.3 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	11.8 cm
Weight at the time of exit	7.1 kg

Additional information if any



CASE STUDY

Case Study No.: 02  
Health Facility Name: OTP Site GD Allahdad  
District: Badin, Sindh  
Managed by: PPHI Sindh  
Prepared by: Ghulam Murtaza (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Kaveeta
Age	09 Months
No. of Family members	04
Father's Name (Occupation)	Mr. Natho kohli (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>Belongs to poor Family.</li> <li>Low income of household due to earning of one family member.</li> <li>No safe drinking water facility</li> <li>Her mother/parents are uneducated and unaware from health practices.</li> <li>Her house condition is very poor and unhygienic.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.5 cm
Weight at the time of admission	5.3 kg
No of visits / Duration	8 Visits
MUAC at the time of exit	11.6 cm
Weight at the time of exit	6.3 kg

Additional information if any



DISTRICT BADIN



CASE STUDY

Case Study No.: 03  
Health Facility Name: OTP Site GD Seerani  
District: Badin, Sindh  
Managed by: PPHI Sindh  
Prepared by: Mukesh Kumar (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Ms. Nazia  
Age: 06 Months  
No. of Family members: 04  
Father's Name (Occupation): Mr. Aachar Mallah (Farmer)  
Glance at family:  

- Her mother is not alive, her grandmother take care of him.
- Low income of household due to earning of one family member.
- No safe drinking water facility
- Her father/grandmother are uneducated and unaware from health practices.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 7.2 cm  
Weight at the time of admission: 3.3 kg  
No of visits / Duration: 07 Visits  
MUAC at the time of exit: 12.0 cm  
Weight at the time of exit: 6.5 kg

Additional information if any



CASE STUDY

Case Study No.: 04  
Health Facility Name: OTP Site GD Seerani  
District: Badin, Sindh  
Managed by: PPHI Sindh  
Prepared by: Shazma Jamali (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Alaf Hussain
Age	11 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Gullam Hussain (Driver)
Glance at family	<ul style="list-style-type: none"> <li>Belongs to poor Family.</li> <li>Low income of household due to earning of one family member.</li> <li>No safe drinking water facility</li> <li>Her mother/parents are uneducated and unaware from health practices.</li> <li>Mud is used to construct the house.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.6 cm
Weight at the time of admission	4.5 kg
No of visits / Duration	15 Visits
MUAC at the time of exit	11.8 cm
Weight at the time of exit	6.3 kg

Additional information if any



CASE STUDY

Case Study No.: 05  
Health Facility Name: OTP Site RHC Rajo Khanani  
District: Badin, Sindh  
Managed by: PPHI Sindh  
Prepared by: Waheeda Nizamani (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Ms. Sawera  
Age: 07 Months  
No. of Family members: 05  
Father's Name (Occupation): Mr. Ahmed (Labour at Hotel)  
Glance at family:  

- Belong to Poor family
- Hygienic condition very poor
- Taking unhygienic food,
- no proper balance diet intake
- Lack of Breastfeeding

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 9.8 cm  
Weight at the time of admission: 4.8 kg  
No of visits / Duration: 9 Visits  
MUAC at the time of exit: 11.7 cm  
Weight at the time of exit: 6.5 kg

Additional information if any



CASE STUDY

Case Study No.: 06  
Health Facility Name: OTP Site GD Mohib Laghari  
District: Badin, Sindh  
Managed by: PPHI Sindh  
Prepared by: Habibullah (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Mr. Ali Sher  
08 Months  
03  
Mr. Ali Jan (Farmer)  

- OTP is about 30 min distance from beneficiary's house.
- They use line water for drinking but it cannot be available some time.
- There is no other nearby medical health facility except GD Mohib Leghari.
- Mother is not washing hands before preparing the food.
- Mother is unaware with the proper Protocols of Breastfeeding.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	6.5 cm
Weight at the time of admission	2.5 kg
No of visits / Duration	11 Visits
MUAC at the time of exit	11.8 cm
Weight at the time of exit	5.8 kg

Additional information if any





CASE STUDY

Case Study No.: 07  
Health Facility Name: OTP Site MCH Kario Ghanwer  
District: Badin, Sindh  
Managed by: PPHI Sindh  
Prepared by: Seema Asif (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Chandar
Age	09 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Narain (Daily wages Labour)
Glance at family	<ul style="list-style-type: none"> <li>The family depend on child's father and he is a daily wages labor.</li> <li>They use tap water for drinking fixed nearby to their house.</li> <li>They use open defecation</li> <li>The mother has lack of knowledge regarding variety of food</li> <li>Hygiene perception is also a low-slung. They do not use soap for hand washing.</li> </ul>

Pictures:



Admission time



Follow Up

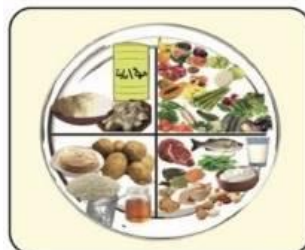


Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.7 cm
Weight at the time of admission	5.0 kg
No of visits / Duration	08 Visits
MUAC at the time of exit	12.5 cm
Weight at the time of exit	6.0 kg

Additional information if any



CASE STUDY

Case Study No.: 08  
Health Facility Name: OTP Site RHC Khanani Jatt  
District: Badin, Sindh  
Managed by: PPHI Sindh  
Prepared by: Mazhar Hussain (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Ms. Muqadas  
36 Months  
04  
Mr. Maqbool (Farmer)  

- The family lives in a condition of penury
- The hygiene condition of the family is very destitute.
- The mother has no proper awareness of complimentary diet
- There is no clean drinking water in the village
- The mother doesn't know regarding family planning.

Pictures:



Admission time



Follow Up

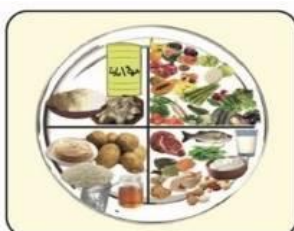


Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.5 cm
Weight at the time of admission	7.0 kg
No of visits / Duration	08 Visits
MUAC at the time of exit	12.7 cm
Weight at the time of exit	8.6 kg

Additional information if any



DISTRICT BADIN

CASE STUDY

Case Study No.: 09  
Health Facility Name: OTP Site BHU Sui Sharif  
District: Ghotki, Sindh  
Managed by: PPHI Sindh  
Prepared by: Mujahid Hussain (Nutrition Assistant)

Bio Data of the Beneficiary:

<p>Name Age No. of Family members Father's Name (Occupation) Glance at family</p>	<p>Mr. Sikandar Ali 07 Months 05 Mr. Murtaza (Labour)</p> <ul style="list-style-type: none"> <li>▪ Professionally they are labor.</li> <li>▪ His family was unaware from the consequences of Malnutrition.</li> <li>▪ No any awareness was observed regarding Exclusive breastfeeding</li> <li>▪ Due to the lack of education his family have no any information about diet diversity.</li> <li>▪ Lack of awareness of health and hygiene.</li> </ul>
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Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

<p>Name of programme (SC, OTP, SFP) MUAC at the time of admission Weight at the time of admission No of visits / Duration MUAC at the time of exit Weight at the time of exit Additional information if any</p>	<p>Out Patient Therapeutic Program (OTP) 9.7 cm 5.4 kg (12 Visits) 12.2 cm 7.4 kg -</p>
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CASE STUDY

Case Study No.: 10  
Health Facility Name: OTP Site BHU Umar Daho  
District: Ghotki, Sindh  
Managed by: PPHI Sindh  
Prepared by: Safia (Nutrition Assistant)

Bio Data of the Beneficiary:

<p>Name Age No. of Family members Father's Name (Occupation) Glance at family</p>	<p>Mr. Sanjee 07 Months 03 Mr. Bachal (Labour)</p> <ul style="list-style-type: none"> <li>Sanjee belong to a poor family, His father is labor, He is the only breadwinner who support to his family. Their income is very low so they did not provide the full nutrition to their children that's why children become very weak and becomes malnourished.</li> <li>Health and hygiene practice is very low</li> <li>Lack of IYCF Practices.</li> </ul>
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Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

<p>Name of programme (SC, OTP, SFP) MUAC at the time of admission Weight at the time of admission No of visits / Duration MUAC at the time of exit Weight at the time of exit Additional information if any</p>	<p>Out Patient Therapeutic Program (OTP) 8.7 cm 4 kg (14 Visits) 11.7 cm 6.5 kg -</p>
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CASE STUDY

Case Study No.: 11  
Health Facility Name: OTP Site BHU Garhi Chakar  
District: Ghotki, Sindh  
Managed by: PPHI Sindh  
Prepared by: Abid Ali Chadhar (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Hubdar
Age	48 Months
No. of Family members	04
Father's Name (Occupation)	Mr. Ali Hyder (Labour)
Glance at family	<ul style="list-style-type: none"> <li>▪ His family was unaware from the case of Malnutrition.</li> <li>▪ No any awareness was observed regarding Exclusive breastfeeding</li> <li>▪ Due to the lack of education his family has no any information about diet diversity.</li> <li>▪ Lack of awareness of health and hygiene.</li> <li>▪ No any domestic animal for milk.</li> <li>▪ No any toilet in his home.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.5 cm
Weight at the time of admission	5.5 kg
No of visits / Duration	(11 Visits)
MUAC at the time of exit	11.6 cm
Weight at the time of exit	7.9 kg
Additional information if any	-



CASE STUDY

Case Study No.: 12  
Health Facility Name: OTP Site BHU Taj Muhammad Ruk  
District: Ghotki, Sindh  
Managed by: PPHI Sindh  
Prepared by: Noor Muhammad (Nutrition Assistant)

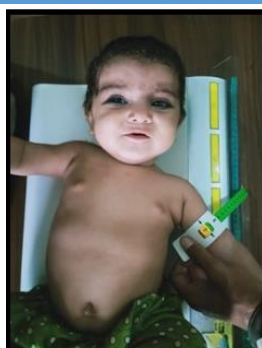
Bio Data of the Beneficiary:

Name	Ms. Baby Aashra
Age	09 Months
No. of Family members	14
Father's Name (Occupation)	Mr. Muhammad Sultan (Driver)
Glance at family	<ul style="list-style-type: none"> <li>Ashra belongs to poor family; her family income is not sufficient according to his family expenditure.</li> <li>Lack of interest in exclusive breast feeding was observed.</li> <li>Her family used to consume two times meals in 24 Hrs.</li> <li>Birth spacing was not observed.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.0 cm
Weight at the time of admission	4.6 kg
No of visits / Duration	(10 Visits)
MUAC at the time of exit	12.6 cm
Weight at the time of exit	7.1 kg
Additional information if any	-



CASE STUDY

Case Study No.: 13  
Health Facility Name: OTP Site BHU Jahanpur Sharif  
District: Ghotki, Sindh  
Managed by: PPHI Sindh  
Prepared by: Ali Akbar Samejo (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Mr. Shoukat  
Age: 07 Months  
No. of Family members: 05  
Father's Name (Occupation): Mr. Bagan (Farmer)  
Glance at family:

- Shokat belongs to poor family.
- Lack of interest in exclusive breast feeding was observed, unaware from complementary feeding and its benefits
- Due to poverty and low income his family could not afford different variety food.
- They lived in Katcha area mud house.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 7.9 cm  
Weight at the time of admission: 4.7 kg  
No of visits / Duration: (14 Visits)  
MUAC at the time of exit: 11.7 cm  
Weight at the time of exit: 6.9 kg  
Additional information if any: -



CASE STUDY

Case Study No.: 14  
Health Facility Name: OTP Site BHU Abdul Sattar  
District: Ghotki, Sindh  
Managed by: PPHI Sindh  
Prepared by: Mujahid Samejo (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Nandani
Age	12 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Ramesh (Labor)
Glance at family	<ul style="list-style-type: none"> <li>They use boring water for drinking</li> <li>There is no other nearby health facility except BHU Abdul Sattar</li> <li>There is no drainage system in the home.</li> <li>No proper electricity is available in home.</li> <li>They lived in Katcha area mud house.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	8.9 cm
Weight at the time of admission	4.3 kg
No of visits / Duration	12 Visits
MUAC at the time of exit	12.1 cm
Weight at the time of exit	6.7 kg
Additional information if any	-





CASE STUDY

Case Study No.: 15  
Health Facility Name: OTP Site BHU Khambhra  
District: Ghotki, Sindh  
Managed by: PPHI Sindh  
Prepared by: Mukhtiar Chachar (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Ms. Seeta  
14 Months  
08  
Mr. Wazir Lal (Labor)  

- The mother has less awareness regarding the positioning of exclusive breastfeeding.
- Due to the lack of education is family has no any information about diet diversity.
- Lack of awareness regarding health and hygiene.
- The home is covered with trees.
- There is no bathroom and washroom in home.

Pictures:



Admission time



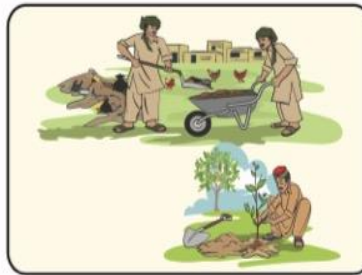
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.6 cm
Weight at the time of admission	5.5 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	12.5 cm
Weight at the time of exit	7.0 kg
Additional information if any	-



CASE STUDY

Case Study No.: 16  
Health Facility Name: OTP Site BHU Hasoo Daho  
District: Ghotki, Sindh  
Managed by: PPHI Sindh  
Prepared by: Gulzar Ahmed (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Zarina
Age	12 Months
No. of Family members	11
Father's Name (Occupation)	Mr. Shabir Ahmed (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>His monthly income is below average.</li> <li>The hygiene condition of a family is a low.</li> <li>Mother's perception was low regarding the proper positioning of breastfeeding.</li> <li>There is no drainage and sanitation system in the village.</li> <li>They used to drink filter water which is almost 2 km away from their house.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	7.5 cm
Weight at the time of admission	4.0 kg
No of visits / Duration	(14 Visits)
MUAC at the time of exit	12.0 cm
Weight at the time of exit	7.4 kg
Additional information if any	-



CASE STUDY

Case Study No.: 17  
Health Facility Name: OTP Site BHU Plus Moosa Khatiyar  
District: Hyderabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Ramesh Kumar (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Rashid
Age	06 Months
No. of Family members	5
Father's Name (Occupation)	Mr. Hakam (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>Rashid family background is not satisfactory</li> <li>His father's financial condition is very low</li> <li>Domestic hygiene condition is very low</li> <li>no birth spacing</li> <li>Use open defecation.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	11.0 cm
Weight at the time of admission	5.5 kg
No of visits / Duration	8 Visits
MUAC at the time of exit	12.0 cm
Weight at the time of exit	6.8 kg
Additional information if any	Patient enroll without any medical with good appetite test.



CASE STUDY

Case Study No.: 18  
Health Facility Name: OTP Site BHU Plus Moosa Khatiyar  
District: Hyderabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Ramesh Kumar (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Mansher
Age	24 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Gulsher (labour)
Glance at family	<ul style="list-style-type: none"> <li>Mansher is from a poor household; his father, Gulsher, is a laborer with a monthly income of 9000 thousand and a family of five members.</li> <li>Domestic hygienic condition very low</li> <li>No birth spacing</li> <li>Use open defecation</li> </ul>

Pictures:



Admission time



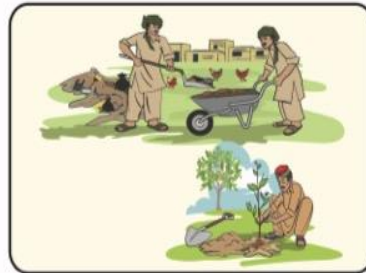
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	11.1 cm
Weight at the time of admission	8.0 kg
No of visits / Duration	8 Visits
MUAC at the time of exit	12.7 cm
Weight at the time of exit	7.6 kg
Additional information if any	Patient enroll without any medical with good appetite test.





CASE STUDY

Case Study No.: 19  
Health Facility Name: OTP Site BHU Plus Moosa Khatiyar  
District: Hyderabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Ramesh Kumar (Nutrition Assistant)

Bio Data of the Beneficiary:

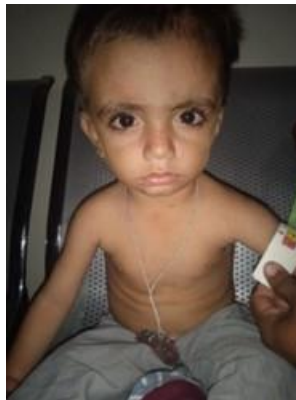
Name: Mr. Khalid  
Age: 21 Months  
No. of Family members: 08  
Father's Name (Occupation): Mr. Naveed (Farmer)  
Glance at family:  

- His father is a Farmer zamendar
- Naveed said that his monthly income is Rs.9000
- Financial condition was very poor
- No proper use of Exclusive breastfeeding
- The house is constructed of mud.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	11.0 cm
Weight at the time of admission	7.5 kg
No of visits / Duration	8 Visits
MUAC at the time of exit	12.5 cm
Weight at the time of exit	8.8 kg
Additional information if any	Patient enroll without any medical with good appetite test.



CASE STUDY

Case Study No.: 20  
Health Facility Name: OTP Site GD Karan Khan Shoro  
District: Hyderabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Ms. Zainab (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Husna
Age	30 Months
No. of Family members	9
Father's Name (Occupation)	Mr. Allah Rakhio Malik (Sales Owner)
Glance at family	<ul style="list-style-type: none"> <li>▪ Belonged to very poor family</li> <li>▪ Father is milk sales owner and the only breadwinner of the family</li> <li>▪ Lack of Birth spacing</li> <li>▪ Family is moderately educated</li> <li>▪ House is made up of concrete consist of 3 rooms</li> <li>▪ Health and Hygiene is slight satisfactory</li> </ul>

Pictures:



Admission time



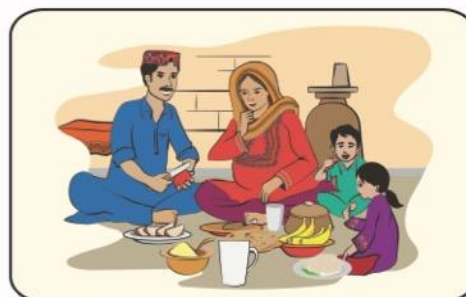
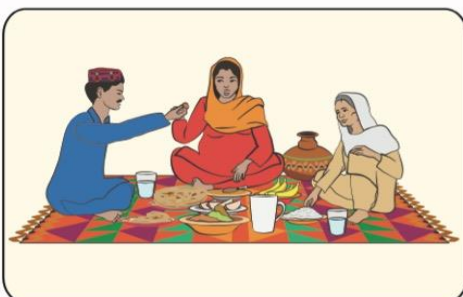
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.5 cm
Weight at the time of admission	5.0 kg
No of visits / Duration	8 Visits
MUAC at the time of exit	13.0 cm
Weight at the time of exit	7.4 kg
Additional information if any	No Any



CASE STUDY

Case Study No.: 21  
Health Facility Name: OTP Site BHU Plus Moosa Khatiyan  
District: Hyderabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Ramesh Kumar (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Abu Hurera
Age	24 Months
No. of Family members	07
Father's Name (Occupation)	Mr. Leemo (Labour)
Glance at family	<ul style="list-style-type: none"> <li>Abu Hurera residence village Akber Machhi Moosa Khatiyan District Hyderabad.</li> <li>His father is daily wage Labour</li> <li>his monthly income is Rs.9000 thousand,</li> <li>Financially condition very low</li> <li>No birth spacing</li> <li>Use open defecation.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	11.0 cm
Weight at the time of admission	7.0 kg
No of visits / Duration	8 Visits
MUAC at the time of exit	12.6 cm
Weight at the time of exit	8.3 kg
Additional information if any	Patient enroll without any medical with good appetite test.



CASE STUDY

Case Study No.: 22  
Health Facility Name: OTP Site MCHC Jhando Khoso  
District: Hyderabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Abdul Wajid (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Ms. Bisma  
48 Months  
06  
Mr. Abid Hussain (Washer Man)  

- Mother has less knowledge about complimentary feeding.
- There is another nearby medical health facility in the village but the family can't afford the fee of the hospital.
- OTP site is about 10 to 12 km away from the Village.
- They use line water for drinking but the quality of water is poor. The family sometimes filled the water from the nearby filter water plant.

Pictures:



Admission time



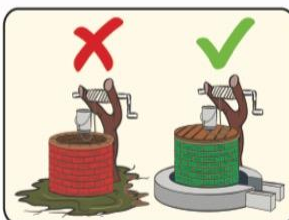
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.2 cm
Weight at the time of admission	6.7 kg
No of visits / Duration	14 Visits
MUAC at the time of exit	11.8 cm
Weight at the time of exit	10.4 kg
Additional information if any	Prior to enrolling at the OTP facility, the patient was unable to walk correctly.





CASE STUDY

Case Study No.: 23  
Health Facility Name: OTP Site BHU Khesana Mori  
District: Hyderabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Basar Mal (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Ms. Gull Naz  
12 Months  
08  
Mr. Mukhtiar (Shepherd = Charwaha)  

- Belonged to very poor family.
- Personal hygiene also very poor.
- They use hand pump for drinking water
- They could not educate their children due to poverty.
- Their house is made up of mud
- They use open defecation.
- 02 Rooms only they don't even a washroom and bathroom
- They kept cattle, cow, goat in the premises of their house.

Pictures:



Admission time



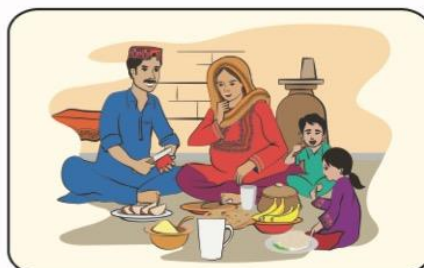
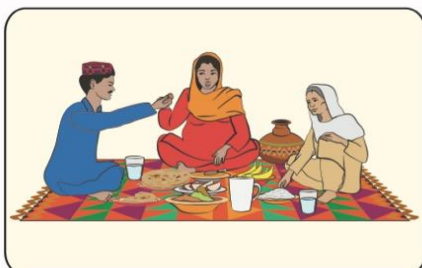
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	8.9 cm
Weight at the time of admission	4.7 kg
No of visits / Duration	08 Visits
MUAC at the time of exit	12.3 cm
Weight at the time of exit	7.6 kg
Additional information if any	Patient enroll without any medical compilation with good appetite.



CASE STUDY

Case Study No.: 24  
Health Facility Name: OTP Site BHU Khessana Mori  
District: Hyderabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Basar Mal (Nutrition Assistant)

Bio Data of the Beneficiary:

<p>Name Age No. of Family members Father's Name (Occupation) Glance at family</p>	<p>Ms. Rahwoo 16 Months 05 Mr. Kanji (Tractor Driver)</p> <ul style="list-style-type: none"> <li>▪ Beneficiary belongs to a poverty-stricken family.</li> <li>▪ Personal hygiene is deficient.</li> <li>▪ Due to poverty the family didn't educate their children</li> <li>▪ Their house is provided by the landlord which is made up of wood and scrub.</li> <li>▪ They use open defecation system.</li> <li>▪ Mother didn't properly wash their hands after using toilet.</li> </ul>
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Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

<p>Name of programme (SC, OTP, SFP) MUAC at the time of admission Weight at the time of admission No of visits / Duration MUAC at the time of exit Weight at the time of exit Additional information if any</p>	<p>Out Patient Therapeutic Program (OTP) 8.9 cm 4.7 kg 9 Visits 12.5 cm 7.6 kg Patient enroll without any medical compilation and good appetite.</p>
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CASE STUDY

Case Study No.: 25  
Health Facility Name: OTP Site G-D Hindu Panchait  
District: Jacobabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Abdul Hafeez (Nutrition Assistant)

Bio Data of the Beneficiary:

<p>Name Age No. of Family members Father's Name (Occupation) Glance at family</p>	<p>Mr. Sameer 07 Months 08 Mr. Ali Bahar (Labour)</p> <ul style="list-style-type: none"> <li>▪ Beneficiary belongs to poor family</li> <li>▪ His parents are farmer</li> <li>▪ He has 03 brothers and 02 sisters</li> <li>▪ Poor hygiene condition of the mother and the baby. No awareness about the Malnutrition &amp; its causes.</li> <li>▪ Unaware about importance of breastfeeding.</li> <li>▪ Living in house of mud with only two rooms</li> </ul>
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Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

<p>Name of programme (SC, OTP, SFP) MUAC at the time of admission Weight at the time of admission No of visits / Duration MUAC at the time of exit Weight at the time of exit Additional information if any</p>	<p>Out Patient Therapeutic Program (OTP) 10.8 cm 4.8 kg 13 Visits 12.0 cm 5.5 kg -</p>
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CASE STUDY

Case Study No.: 26  
Health Facility Name: OTP Site BHU Banglow Sayedan  
District: Jacobabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Muhammad Imran (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Umaira
Age	10 Months
No. of Family members	14
Father's Name (Occupation)	Mr. Ali Murad (Labour)
Glance at family	<ul style="list-style-type: none"> <li>She has five brothers, four sisters, one grandmother and uncle also they all are living together.</li> <li>No awareness about malnutrition</li> <li>No Awareness about importance of breast feeding</li> <li>No Proper hygiene</li> </ul>

Pictures:



Admission time



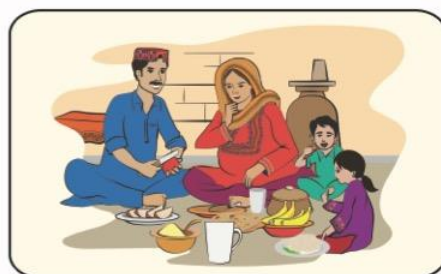
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	8.8 cm
Weight at the time of admission	3.3 kg
No of visits / Duration	14 Visits
MUAC at the time of exit	11.7 cm
Weight at the time of exit	5.6 kg
Additional information if any	-





CASE STUDY

Case Study No.: 27  
Health Facility Name: OTP Site Shaheed Benazirabad Bhutto Center Jacobabad  
District: Jacobabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Zahid Ali Mangnhar (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Safia
Age	08 Months
No. of Family members	04
Father's Name (Occupation)	Mr. Qurban Ali Kanrani (Labour)
Glance at family	<ul style="list-style-type: none"> <li>Her father is a Labor.</li> <li>Her Family belongs to poor community.</li> <li>She has one sister two brothers.</li> <li>Her father cannot afford of educational cost.</li> <li>Health and hygiene condition is not good.</li> </ul>

Pictures:



Admission time



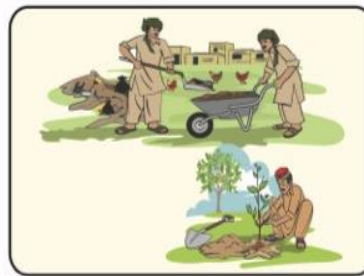
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.2 cm
Weight at the time of admission	4.2 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	12.6 cm
Weight at the time of exit	7.3 kg
Additional information if any	-



CASE STUDY

Case Study No.: 28  
Health Facility Name: OTP Site G-D Hindu Panchait  
District: Jacobabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Abdul Hafeez (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Zara
Age	07 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Zafar Ali (Labour)
Glance at family	<ul style="list-style-type: none"> <li>▪ Beneficiary belongs to normal family.</li> <li>▪ Un Educated Parents'</li> <li>▪ Drinking water purchased from Water Company.</li> <li>▪ Health &amp; Hygiene condition was not good</li> <li>▪ Beneficiary Father is Labour</li> <li>▪ No Awareness about the malnutrition basic IYCF</li> </ul>

Pictures:



Admission time



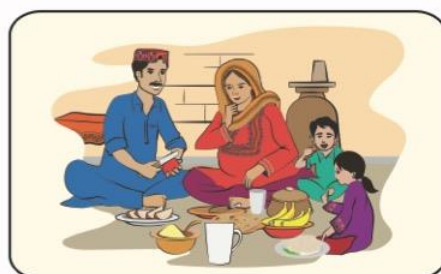
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	8.4 cm
Weight at the time of admission	4.5 kg
No of visits / Duration	13 Visits
MUAC at the time of exit	12.0 cm
Weight at the time of exit	6.0 kg
Additional information if any	-



CASE STUDY

Case Study No.: 29  
Health Facility Name: OTP Site GD Naseer khan Bhanghar  
District: Jacobabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Aftab Ahmed (Nutrition Assistant)

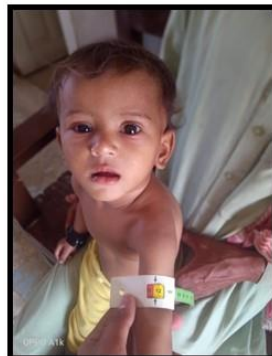
Bio Data of the Beneficiary:

Name	Ms. Zainab
Age	09 Months
No. of Family members	10
Father's Name (Occupation)	Mr. Rustam (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>Hygiene was also inadequate due to lack of hygiene information.</li> <li>Lack of family planning does not cover children's expenses.</li> <li>Could not even educate his children due to poverty.</li> <li>House is made of mud.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	11.1 cm
Weight at the time of admission	6.0 kg
No of visits / Duration	9 Visits
MUAC at the time of exit	12.0 cm
Weight at the time of exit	6.8 kg
Additional information if any	-



CASE STUDY

Case Study No.: 30  
Health Facility Name: OTP Site BHU Bakshan Pahore  
District: Jacobabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Ab. Qadeer Pahore (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Khadija
Age	22 Months
No. of Family members	10
Father's Name (Occupation)	Mr. Badar U Din (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>There is no other nearby health facility in Mashkool Village except BHU Buxan Pahore.</li> <li>They use hand pump for drinking water</li> <li>They could not educate their children due to poverty.</li> <li>Their house is made from bricks</li> </ul>

Pictures:



Admission time



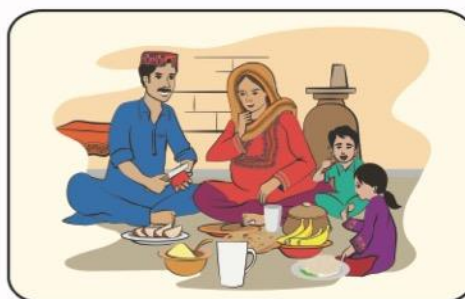
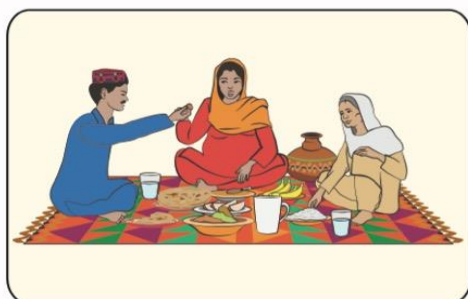
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	11.0 cm
Weight at the time of admission	6.9 kg
No of visits / Duration	13 Visits
MUAC at the time of exit	12.5 cm
Weight at the time of exit	8.9 kg
Additional information if any	-





CASE STUDY

Case Study No.: 31  
Health Facility Name: OTP Site BHU Bakshan Pahore  
District: Jacobabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Ab. Qadeer Pahore (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Mr. Naqeeb  
08 Months  
-  
Mr. Shamsuddin (Farmer)  
▪ Hand Pump is the source of drinking water.  
▪ OTP is about 2-3 km away from the village  
▪ They use bike to reach the OTP site  
▪ There is no other nearby health facility in the village except BHU Buxan Pahore.  
▪ Mother didn't breastfeed the child after 5 months  
▪ Hygiene perception is low.  
▪ No proper complimentary diet given

Pictures:



Admission time



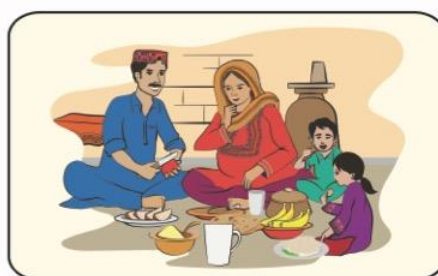
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.0 cm
Weight at the time of admission	3.8 kg
No of visits / Duration	17 Visits
MUAC at the time of exit	11.6 cm
Weight at the time of exit	6.2 kg
Additional information if any	-



CASE STUDY

Case Study No.: 32  
Health Facility Name: OTP Site MCHC Abdul Qadir Bhayo  
District: Kashmore, Sindh  
Managed by: PPHI Sindh  
Prepared by: Rajesh Kumar (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Manzooran
Age	07 Months
No. of Family members	07
Father's Name (Occupation)	Mr. Niaz Ahmed (Shopkeeper)
Glance at family	<ul style="list-style-type: none"> <li>▪ Manzoran is belonging to a poor family her father is a shopkeeper by profession.</li> <li>▪ Their child is suffering from malnutrition.</li> <li>▪ They have lack of family planning.</li> <li>▪ Lack of hygiene, poor knowledge regarding diet of baby.</li> <li>▪ Very poor concepts about exclusive breast feeding specially for colostrum.</li> </ul>

Pictures:



Admission time



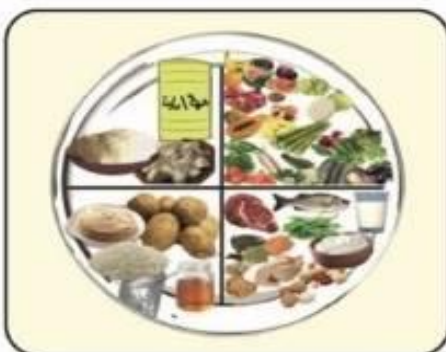
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	8.9 cm
Weight at the time of admission	4.2 kg
No of visits / Duration	17 Weeks
MUAC at the time of exit	11.6 cm
Weight at the time of exit	5.6 kg
Additional information if any	Improved Health Condition



CASE STUDY

Case Study No.: 33  
Health Facility Name: OTP Site RHC Tangwani  
District: Kashmore, Sindh  
Managed by: PPHI Sindh  
Prepared by: M. Muqem Dahani (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Zawar
Age	09 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Muhammad Akhtar (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>Father of Zawar is farmer.</li> <li>They are very poor and illiterate.</li> <li>They belong to a joint family.</li> <li>Child is malnourished due to lack of mother feed and due to lack of nutrients poor hygiene.</li> </ul>

Pictures:



Admission time



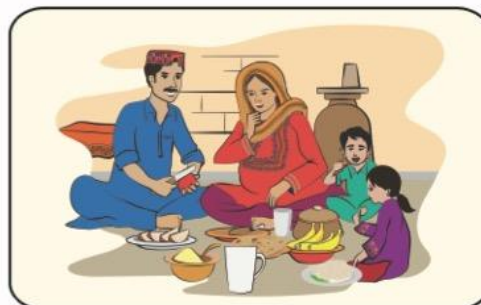
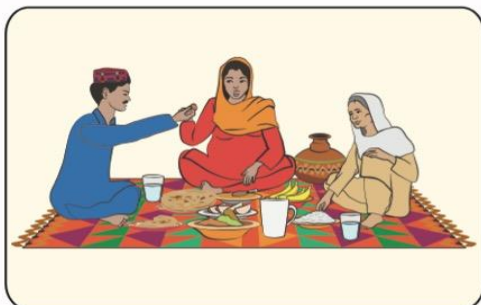
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.4 cm
Weight at the time of admission	5.3 kg
No of visits / Duration	13 Weeks
MUAC at the time of exit	11.7 cm
Weight at the time of exit	6.3 kg
Additional information if any	-



CASE STUDY

Case Study No.: 34  
Health Facility Name: OTP Site MCHC Dari  
District: Kashmore, Sindh  
Managed by: PPHI Sindh  
Prepared by: Maria Hyder (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Wajid
Age	13 Months
No. of Family members	04
Father's Name (Occupation)	Mr. Zameer (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>▪ Zameer is a farmer that works in the area of crops. There is no other way to make money. His resources are minimal, his income is irregular, and his family's demands outnumber his earnings.</li> <li>▪ They are belonging to a joint family system.</li> <li>▪ They are living with open defecation system, poor hygiene.</li> <li>▪ Their rules and concepts are very backward regarding Nutritional diet.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	7.5 cm
Weight at the time of admission	3.4 kg
No of visits / Duration	15 Weeks
MUAC at the time of exit	11.5 cm
Weight at the time of exit	6.6 kg
Additional information if any	-





CASE STUDY

Case Study No.: 35  
Health Facility Name: OTP Site MCHC Dari  
District: Kashmore, Sindh  
Managed by: PPHI Sindh  
Prepared by: Maria Hyder (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Pari
Age	25 Months
No. of Family members	06
Father's Name (Occupation)	Mr. Sardar (Labor)
Glance at family	<ul style="list-style-type: none"> <li>▪ The Father of Pari is a labor by profession they are very poor. Lack of hygiene.</li> <li>▪ Poor knowledge regarding the weaning diet of the baby.</li> <li>▪ Very poor concepts about exclusive breastfeeding especially for colostrum.</li> <li>▪ They did not aware of any disease and their precautions.</li> </ul>

Pictures:



Admission time



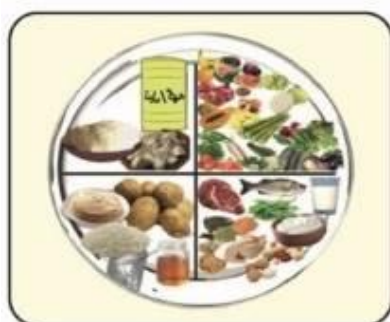
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.8 cm
Weight at the time of admission	5.5 kg
No of visits / Duration	8 Visits
MUAC at the time of exit	12.1 cm
Weight at the time of exit	7.2 kg
Additional information if any	-



CASE STUDY

Case Study No.: 36  
Health Facility Name: OTP Site BHU Saeed Khan Marhetto  
District: Kashmore, Sindh  
Managed by: PPHI Sindh  
Prepared by: Tanveer Ahmed (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Arbab Khatoon Marhetto
Age	12 Months
No. of Family members	06
Father's Name (Occupation)	Mr. Ameer Bux Marhetto (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>▪ Her Father is a farmer</li> <li>▪ Financial Condition is very poor</li> <li>▪ No use of Birth Spacing</li> <li>▪ Hygiene Condition is not Satisfactory</li> <li>▪ Lack of Breastfeeding Practices</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.6 cm
Weight at the time of admission	4.3 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	11.6 cm
Weight at the time of exit	5.6 kg
Additional information if any	-



CASE STUDY

Case Study No.: 37  
Health Facility Name: OTP Site RHC Tangwani  
District: Kashmore, Sindh  
Managed by: PPHI Sindh  
Prepared by: M. Muqem Dahani (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Ms. Latifan  
13 Months  
08  
Mr. Amanullah (Farmer)  

- The family is uneducated and there is no other nearby health facility than RHC Tangwani.
- They use well water for drinking, the quality of water is very poor.
- Mother doesn't know the protocols of breastfeeding
- Due to literacy, the family has less practice of hygiene
- Mother is also unaware of the benefits of a complementary diet.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.0 cm
Weight at the time of admission	4.1 kg
No of visits / Duration	17 Visits
MUAC at the time of exit	11.5 cm
Weight at the time of exit	5.5 kg
Additional information if any	-



CASE STUDY

Case Study No.: 38  
Health Facility Name: OTP Site MCHC Dari  
District: Kashmore, Sindh  
Managed by: PPHI Sindh  
Prepared by: Maria Hyder (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Jamshed
Age	08 Months
No. of Family members	04
Father's Name (Occupation)	Mr. Shahnawaz (Labor)
Glance at family	<ul style="list-style-type: none"> <li>They are unaware of family planning.</li> <li>Their rules and concepts are backward for the health of mother regarding antenatal and postnatal period.</li> <li>They are living with an open defecation system.</li> <li>They use hand pump water for drinking.</li> <li>They live in a house made from bushes.</li> <li>There is another BHU of PPHI Sindh is located nearby village but the family prefers MCHC Dari for the treatment.</li> </ul>

Pictures:



Admission time



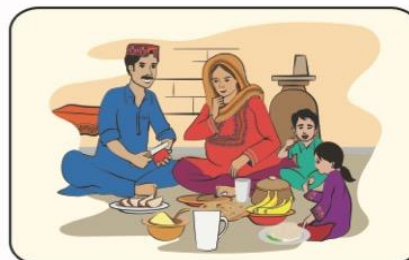
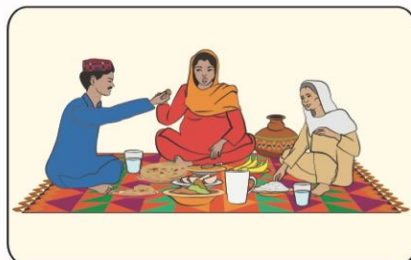
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.0 cm
Weight at the time of admission	5.4 kg
No of visits / Duration	08 Visits
MUAC at the time of exit	11.5 cm
Weight at the time of exit	7.2 kg
Additional information if any	-





CASE STUDY

Case Study No.: 39  
Health Facility Name: OTP Site MCHC Kandhkot  
District: Kashmore, Sindh  
Managed by: PPHI Sindh  
Prepared by: Khalilullah (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Yasmena
Age	10 Months
No. of Family members	09
Father's Name (Occupation)	Mr. Munir Ahmed (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>Yasmena belongs to a needy family.</li> <li>She lives in a joint family system.</li> <li>They all are daily wages laborers</li> <li>Their house is also in a bad condition, no proper roof.</li> <li>They did not have proper cleanliness at their home, the house is dusty.</li> <li>There is no proper drainage system, they use an open defecation system</li> </ul>

Pictures:



Admission time



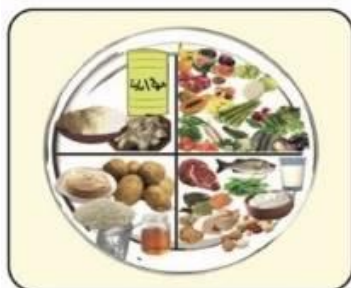
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	8.2 cm
Weight at the time of admission	4.0 kg
No of visits / Duration	12 Visits
MUAC at the time of exit	11.6 cm
Weight at the time of exit	5.8 kg
Additional information if any	-



CASE STUDY

Case Study No.: 40  
Health Facility Name: OTP Site RHC Ranipur  
District: Khairpur Mir's, Sindh  
Managed by: PPHI Sindh  
Prepared by: Rukhsana Naz (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Batool Zehra
Age	1 Months
No. of Family members	0
Father's Name (Occupation)	Mr. Ishfaq Shahani (Labour)
Glance at family	<ul style="list-style-type: none"> <li>Parents were un-educated.</li> <li>Baby takes bottle feed only (No Mother Feed).</li> <li>Baby's father is an only breadwinner of the family.</li> <li>They are living in a house made up like Hut with one hall.</li> <li>Financial position is not strong.</li> </ul>

Pictures:



Admission time



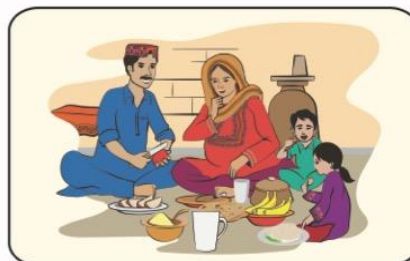
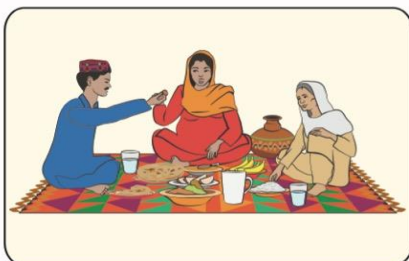
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.5 cm
Weight at the time of admission	6.0 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	12.5 cm
Weight at the time of exit	7.6 kg
Additional information if any	-



CASE STUDY

Case Study No.: 41  
Health Facility Name: OTP Site THQ GIMS  
District: Khairpur Mir's, Sindh  
Managed by: PPHI Sindh  
Prepared by: Kiran Mallah (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Devika
Age	08 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Surjan (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>Mr. Surjan belongs to very poor family.</li> <li>He is the only breadwinner of the house.</li> <li>He has 03 daughters.</li> <li>The family is un-educated.</li> <li>They are living in a house made up of mud with two rooms</li> </ul>

Pictures:



Admission time



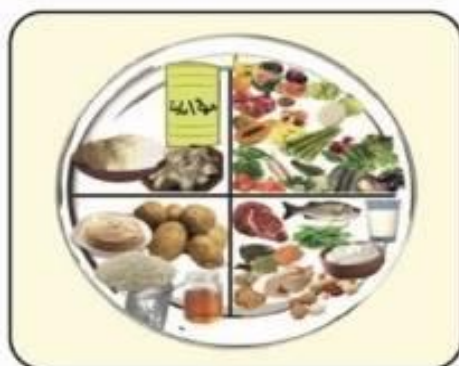
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.3 cm
Weight at the time of admission	4.2 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	12.0 cm
Weight at the time of exit	5.4 kg
Additional information if any	-



CASE STUDY

Case Study No.: 42  
Health Facility Name: OTP Site BHU Plus Piryaloi  
District: Khairpur Mir's, Sindh  
Managed by: PPHI Sindh  
Prepared by: Sajid Ali Shah (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Moomal
Age	06 Months
No. of Family members	04
Father's Name (Occupation)	Mr. Mir Muhammad (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>Parents were un-educated.</li> <li>Baby takes bottle feed only (No Mother Feed).</li> <li>Baby's father is only a breadwinner.</li> <li>They are living in a house made up like Hut with one hall.</li> <li>Financial position is not strong.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	11.4 cm
Weight at the time of admission	5.2 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	13.2 cm
Weight at the time of exit	6.2 kg
Additional information if any	-





CASE STUDY

Case Study No.: 43  
Health Facility Name: OTP Site BHU Plus Piryaloi  
District: Khairpur Mir's, Sindh  
Managed by: PPHI Sindh  
Prepared by: Sajid Ali Shah (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Mr. Amjad  
Age: 09 Months  
No. of Family members: 03  
Father's Name (Occupation): Mr. Gulzar (Security Guard)  
Glance at family:  

- Gulzar belongs to a poor family and he is a resident of Jhangi Goth.
- He is the only breadwinner of his family
- They are living in a house made up like Hut with one hall.
- Financial position is not strong.
- Health and hygiene perception is a low slung.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 10.5 cm  
Weight at the time of admission: 5.4 kg  
No of visits / Duration: 09 Visits  
MUAC at the time of exit: 11.5 cm  
Weight at the time of exit: 6.3 kg  
Additional information if any: -



CASE STUDY

Case Study No.: 44  
Health Facility Name: OTP Site BHU Imam Bux Palh  
District: Khairpur Mir's, Sindh  
Managed by: PPHI Sindh  
Prepared by: Laeeque Ahmed (NIS Assistant)

Bio Data of the Beneficiary:

Name	Mr. Hasnain
Age	10 Months
No. of Family members	07
Father's Name (Occupation)	Mr. Muhammad Hassan (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>Hasnain belongs to a poor family.</li> <li>They belong from a backward area.</li> <li>The patient's father is the only person in the family to earn.</li> <li>No information about proper diet &amp; good hygiene.</li> <li>House made off with mud.</li> </ul>

Pictures:



Admission time



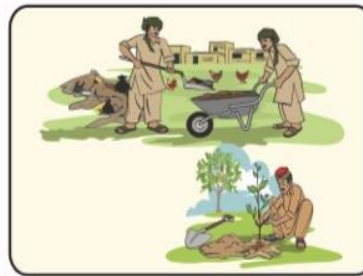
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.2 cm
Weight at the time of admission	4.7 kg
No of visits / Duration	08 Visits, 63 Days
MUAC at the time of exit	12.6 cm
Weight at the time of exit	7.2 kg
Additional information if any	-



CASE STUDY

Case Study No.: 45  
Health Facility Name: OTP Site BHU Bachal Bhambhro  
District: Khairpur Mir's, Sindh  
Managed by: PPHI Sindh  
Prepared by: Akhtiar Hussain (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Ms. Majida Khatoon  
24 Months  
04  
Mr. Muneer Ali (Farmer)  

- There is no other nearby health facility at their village except BHU Bachal Bhambhro.
- Child's parents have less knowledge about health and hygiene.
- Her father did not afford the private hospital fee.
- Their house condition is dilapidated.
- Family is uneducated and unaware about the consequences of malnutrition.
- Mother has less knowledge of complimentary feeding.

Pictures:



Admission time



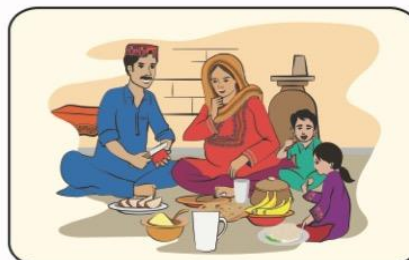
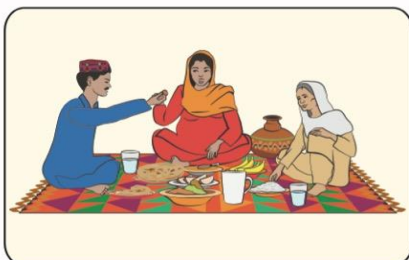
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.0 cm
Weight at the time of admission	6.0 kg
No of visits / Duration	08 Visits
MUAC at the time of exit	12.4 cm
Weight at the time of exit	8.4 kg
Additional information if any	-



CASE STUDY

Case Study No.: 46  
Health Facility Name: OTP Site BHU Plus Khuhra  
District: Khairpur Mir's, Sindh  
Managed by: PPHI Sindh  
Prepared by: Qurban Ali (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Mr. Nazeer Ali  
11 Months  
03  
Mr. Lutfullah (Labor)  

- They use ground water for drinking
- There is no nearby health facility except BHU plus Khuhra
- Hygiene perception of the family is low. They didn't wash her hands frequently
- Mother has lack knowledge regarding diet diversity
- No knowledge of proper attachment of breastfeeding and use of bottle feeding.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.3 cm
Weight at the time of admission	5.3 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	13.3 cm
Weight at the time of exit	7.2 kg
Additional information if any	-





CASE STUDY

Case Study No.: 47  
Health Facility Name: OTP Site MCHC Abdul Qayyum Khair  
District: Mirpurkhas, Sindh  
Managed by: PPHI Sindh  
Prepared by: Mehr-Ur-Nisa (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Ghullam Hussain
Age	12 Months
No. of Family members	03
Father's Name (Occupation)	Mr. Allah Rakha (Labor)
Glance at family	<ul style="list-style-type: none"> <li>His parents have less time for their child due to their source of income, Socio-economically disturbed, Poor hygiene condition, Unaware about health and hygiene.</li> <li>Nutrition condition also poor due to uneducated about use of forming availability of food such a vegetable, fruit etc.</li> </ul>

Pictures:



Admission time



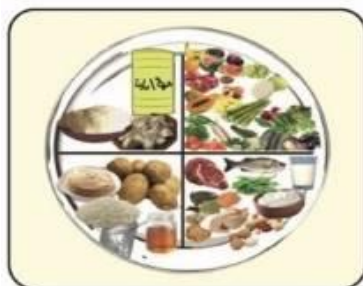
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.5 cm
Weight at the time of admission	5 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	12.6 cm
Weight at the time of exit	7.3 kg
Additional information if any	-



CASE STUDY

Case Study No.: 48  
Health Facility Name: OTP Site MCHC Mirwah  
District: Mirpurkhas, Sindh  
Managed by: PPHI Sindh  
Prepared by: Zeenat Iqbal (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Shanti
Age	06 Months
No. of Family members	07
Father's Name (Occupation)	Mr. Mansingh (Guard)
Glance at family	<ul style="list-style-type: none"> <li>Father is a Security Guard in Karachi and per month earning is 12,000</li> <li>Poor hygienic condition</li> <li>Uneducated family</li> <li>They live in rented house</li> <li>Mother is Earning but not a regular earning.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.0 cm
Weight at the time of admission	3.9 kg
No of visits / Duration	11 Visits
MUAC at the time of exit	11.5 cm
Weight at the time of exit	5.3 kg
Additional information if any	-



CASE STUDY

Case Study No.: 49  
Health Facility Name: OTP Site DHQ Mirpurkhas  
District: Mirpurkhas, Sindh  
Managed by: PPHI Sindh  
Prepared by: Naroo Mal Bheel (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Muhammad Ayan
Age	42 Months
No. of Family members	06
Father's Name (Occupation)	Mr. Furqan (Labor)
Glance at family	<ul style="list-style-type: none"> <li>▪ Poor socio-economic conditions at household level</li> <li>▪ Lack of awareness about health and hygiene and hand washing practices</li> <li>▪ Unaware about complementary feeding</li> <li>▪ Father earned 25 thousand per month</li> <li>▪ Poor breastfeeding practices</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.1 cm
Weight at the time of admission	9.0 kg
No of visits / Duration	9 Visits
MUAC at the time of exit	12.8 cm
Weight at the time of exit	13.0 kg
Additional information if any	-



DISTRICT MIRPURKHAS

CASE STUDY

Case Study No.: 50  
Health Facility Name: OTP Site BHU Hameed Pura Colony  
District: Mirpurkhas, Sindh  
Managed by: PPHI Sindh  
Prepared by: Urmila Kumari (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Shabnam
Age	11 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Faqero (Gardner)
Glance at family	<ul style="list-style-type: none"> <li>▪ Poor socio-economic condition</li> <li>▪ Lack of awareness about health and hygiene</li> <li>▪ No history of exclusive breastfeeding</li> <li>▪ Lack of awareness about complementary feeding</li> <li>▪ Father earned 18 thousand per month</li> <li>▪ Family is tenant class, so have no time to take proper of care of children.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.9 cm
Weight at the time of admission	5.5 kg
No of visits / Duration	9 Visits
MUAC at the time of exit	12.0 cm
Weight at the time of exit	6.5 kg
Additional information if any	-





CASE STUDY

Case Study No.: 51  
Health Facility Name: OTP Site BHU Abdul Qayoom Khair  
District: Mirpurkhas, Sindh  
Managed by: PPHI Sindh  
Prepared by: Mir Nasrullah Talpur (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Kartar
Age	09 Months
No. of Family members	03
Father's Name (Occupation)	Mr. Baghchand (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>9 Months old Baby Kartar belongs poor family.</li> <li>Socio economic Status of their family is so poor</li> <li>Poor hygiene condition</li> <li>No use of Proper Complimentary feeding</li> <li>House is made off with mud</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.8 cm
Weight at the time of admission	5.8 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	12.3 cm
Weight at the time of exit	7.5 kg
Additional information if any	-



CASE STUDY

Case Study No.: 52  
Health Facility Name: OTP Site BHU Abdullah Khan Jarwar  
District: Mirpurkhas, Sindh  
Managed by: PPHI Sindh  
Prepared by: Qamar (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Vikram
Age	11 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Kevel (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>They live in a hut like house made from bushes.</li> <li>The hygiene perception of the family is low.</li> <li>Mother did not properly care of her baby.</li> <li>Mother has less idea regarding complimentary feeding.</li> <li>They use sticks to cook the daily routine food.</li> </ul>

Pictures:



Admission time



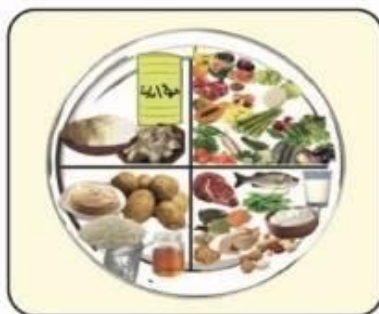
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.5 cm
Weight at the time of admission	4.2 kg
No of visits / Duration	08 Visits
MUAC at the time of exit	11.7 cm
Weight at the time of exit	5.7 kg
Additional information if any	-



CASE STUDY

Case Study No.: 53  
Health Facility Name: OTP Site BHU Ab. Qayoom Khair  
District: Mirpurkhas, Sindh  
Managed by: PPHI Sindh  
Prepared by: Mir Nasrullah (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Awais
Age	18 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Arif (Labor)
Glance at family	<ul style="list-style-type: none"> <li>▪ Nutritional status is poor due to a lack of knowledge on how to use readily available foods such as vegetables and fruits.</li> <li>▪ They use local transport to reach at the OTP site.</li> <li>▪ They use lake and ground water for drinking.</li> <li>▪ Lack of hygiene practices.</li> <li>▪ Lack of using complimentary diet.</li> <li>▪ His mother use bottle for feeding her child.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	11.0 cm
Weight at the time of admission	6.3 kg
No of visits / Duration	08 Visits
MUAC at the time of exit	12.8 cm
Weight at the time of exit	7.7 kg
Additional information if any	-



CASE STUDY

Case Study No.: 54  
Health Facility Name: OTP Site BHU Moladino  
District: Naushehro Feroze, Sindh  
Managed by: PPHI, Sindh  
Prepared by: Aijaz Ali (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Awais Ali
Age	12 Months
No. of Family members	07
Father's Name (Occupation)	Mr. Irfan Ali (Labour)
Glance at family	<ul style="list-style-type: none"> <li>▪ He has two sisters and two Brothers.</li> <li>▪ Improper hygiene practices</li> <li>▪ Her mother was Normal delivery at Hospital.</li> <li>▪ The House of Beneficiary made with mud.</li> <li>▪ The House of Beneficiary made with mud</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	11.0 cm
Weight at the time of admission	6.5 kg
No of visits / Duration	05 Visits
MUAC at the time of exit	13.1 cm
Weight at the time of exit	8.4 kg
Additional information if any	Mother was agreed for the family planning





CASE STUDY

Case Study No.: 55  
Health Facility Name: OTP Site RHC Darbelo  
District: Naushehro Feroze, Sindh  
Managed by: PPHI, Sindh  
Prepared by: Aijaz Ali (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Saeed Ahmed
Age	10 Months
No. of Family members	04
Father's Name (Occupation)	Mr. Muhammad Aqib (Labour)
Glance at family	<ul style="list-style-type: none"> <li>▪ Beneficiary father is a Labor</li> <li>▪ He is the only bread winner of their house</li> <li>▪ No Birth spacing.</li> <li>▪ Her mother was Normal delivery at Hospital.</li> <li>▪ The House of Beneficiary made with mud</li> <li>▪ They belong to kacha area of river Indus.</li> </ul>

Pictures:



Admission time



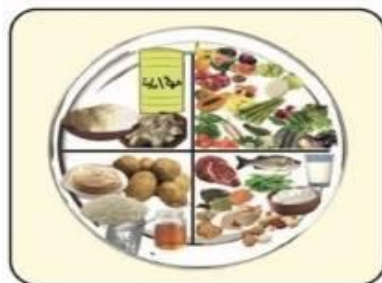
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	11.4 cm
Weight at the time of admission	6.8 kg
No of visits / Duration	06 Visits
MUAC at the time of exit	12.7 cm
Weight at the time of exit	8.4 kg
Additional information if any	-



CASE STUDY

Case Study No.: 56  
Health Facility Name: OTP Site RHC Darbelo  
District: Naushehro Feroze, Sindh  
Managed by: PPHI, Sindh  
Prepared by: Aijaz Ali (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Saeed Ahmed
Age	10 Months
No. of Family members	04
Father's Name (Occupation)	Mr. Muhammad Aqib (Labour)
Glance at family	<ul style="list-style-type: none"> <li>Beneficiary father is a Labor</li> <li>He is the only breed winner of their house</li> <li>No Birth spacing.</li> <li>Her mother was Normal delivery at Hospital.</li> <li>The House of Beneficiary made with mud</li> <li>They belong to kacha area of river Indus.</li> </ul>

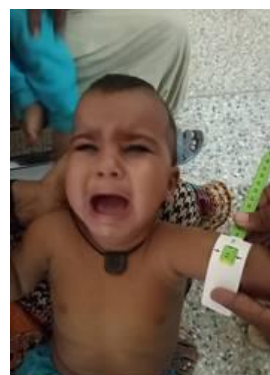
Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	11.3 cm
Weight at the time of admission	6.6 kg
No of visits / Duration	06 Visits
MUAC at the time of exit	13.0 cm
Weight at the time of exit	8.7 kg
Additional information if any	-



CASE STUDY

Case Study No.: 57  
Health Facility Name: OTP Site RHC Padidan  
District: Naushehro Feroze, Sindh  
Managed by: PPHI, Sindh  
Prepared by: Zuhaib Ali Rajpar (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Ms. Disha  
6 Months  
05  
Mr. Shuban Solangi (Labour)  

- Beneficiary father is a Labor
- Her Father is only bread winner in family
- Her mother was house wife.
- Her mother was C-Section delivery at Hospital.
- They belong to kacha area of Naushahro Feroze
- House is made up with mud.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.3 cm
Weight at the time of admission	3.5 kg
No of visits / Duration	11Visits
MUAC at the time of exit	12.5 cm
Weight at the time of exit	7.4 kg
Additional information if any	-



CASE STUDY

Case Study No.: 58  
Health Facility Name: OTP Site MCHC Kotri Kabir  
District: Naushehro Feroze, Sindh  
Managed by: PPHI, Sindh  
Prepared by: Shamshad (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Wajida
Age	12 Months
No. of Family members	04
Father's Name (Occupation)	Mr. Sajjad Ali (Labour)
Glance at family	<ul style="list-style-type: none"> <li>Family is very poor.</li> <li>Her father is only bread winner of the family.</li> <li>They belong to kacha area.</li> <li>Her house made of mud.</li> <li>Her mother was normal delivery at hospital.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	11.1 cm
Weight at the time of admission	5.7 kg
No of visits / Duration	08 Visits
MUAC at the time of exit	12.4 cm
Weight at the time of exit	7.0 kg
Additional information if any	-





CASE STUDY

Case Study No.: 59  
Health Facility Name: OTP Site RHC Mehrabpur  
District: Naushehro Feroze, Sindh  
Managed by: PPHI, Sindh  
Prepared by: M. Nadeem Malik (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Ms. Tahira  
08 Months  
05  
Mr. Zahid Ali (Farmer)  

- The family's perception of hygiene is really low.
- Water resources are very less they use to go by walk for 2 km and fill the tap water near Gobi Shah (a place where these taps are fitted).
- Mother didn't properly breastfeed to the child.
- Mother has less knowledge regarding complimentary diet.

Pictures:



Admission time



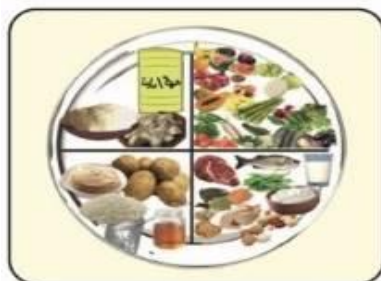
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.5 cm
Weight at the time of admission	3.5 kg
No of visits / Duration	12 Visits
MUAC at the time of exit	11.6 cm
Weight at the time of exit	6.0 kg
Additional information if any	-



CASE STUDY

Case Study No.: 60  
Health Facility Name: OTP Site THQ Kandiaro  
District: Naushehro Feroze, Sindh  
Managed by: PPHI, Sindh  
Prepared by: Aslam Abbasi (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Reya
Age	12 Months
No. of Family members	07
Father's Name (Occupation)	Mr. Waseem (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>They use line water for drinking</li> <li>There is no nearby health facility except THQ Kandiaro</li> <li>They use open defecation</li> <li>They didn't wash their hands with the soap</li> <li>Mother has lack of knowledge regarding complimentary diet, use bottle for feeding.</li> </ul>

Pictures:



Admission time



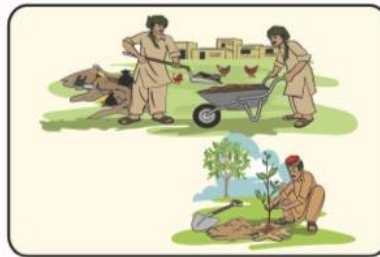
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.0 cm
Weight at the time of admission	4.6 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	12.6 cm
Weight at the time of exit	7.2 kg
Additional information if any	-



CASE STUDY

Case Study No.: 61  
Health Facility Name: OTP Site MCHC Landhi  
District: Sanghar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Seema (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Mira
Age	07 Months
No. of Family members	06
Father's Name (Occupation)	Mr. Sadam (Tailor Master)
Glance at family	<ul style="list-style-type: none"> <li>▪ Her house is made of hut and clay.</li> <li>▪ Her mother told that already another treatment is going on from few months but there is no result we have found our baby is getting weak day by day.</li> <li>▪ Lives in an unhygienic and Malnutrition environment.</li> <li>▪ No IYCF practices.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	8.5 cm
Weight at the time of admission	4.0 kg
No of visits / Duration	09 Visits
MUAC at the time of exit	11.5 cm
Weight at the time of exit	6.4 kg
Additional information if any	-



CASE STUDY

Case Study No.: 62  
Health Facility Name: OTP Site GD Baqir Nizamani  
District: Sanghar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Roop Chand (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Ms. Rehana  
Age: 08 Months  
No. of Family members: 04  
Father's Name (Occupation): Mr. Dayaloo (Work on daily wages)  
Glance at family:  

- His financial sources are not sufficient enough to maintain and provide better food to his family
- Because of low income his daughter Rehana's health deteriorated she was diagnosed as a case of Severe Acute Malnourished.
- Poor health and Hygiene condition

Pictures:



Admission time



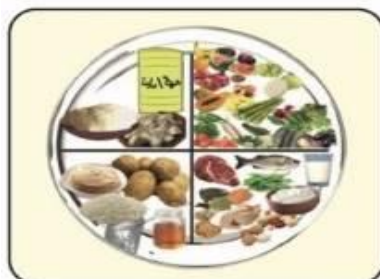
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 9.3 cm  
Weight at the time of admission: 4.7 kg  
No of visits / Duration: 10 Visits  
MUAC at the time of exit: 12.2 cm  
Weight at the time of exit: 5.9 kg  
Additional information if any: -





CASE STUDY

Case Study No.: 63  
Health Facility Name: OTP Site BHU Qazi Wali M Rajar  
District: Sanghar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Zafar Ali (Nutrition Assistant)

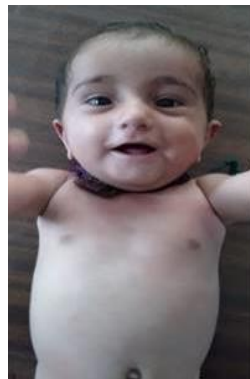
Bio Data of the Beneficiary:

Name	Mr. Mustafa
Age	08 Months
No. of Family members	09
Father's Name (Occupation)	Mr. Lal Bux (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>▪ Mustafa belongs to poor family,</li> <li>▪ No any health facility near this village.</li> <li>▪ His father is Farmer hardly his monthly earned 5000 thousand per month.</li> <li>▪ During cotton season his mother also works in Fields.</li> <li>▪ They visit many pediatricians but no improvement in his child's health.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.1 cm
Weight at the time of admission	3.4 kg
No of visits / Duration	14 Visits
MUAC at the time of exit	11.8 cm
Weight at the time of exit	5.9 kg
Additional information if any	Severely wasted at admission time.



CASE STUDY

Case Study No.: 64  
Health Facility Name: OTP Site SIMS Shahdadpur  
District: Sanghar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Babar Altaf (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Mr. Ali Hassan  
07 Months  
07  
Mr. Shabbir (Farmer)  

- Total 7 people lives in a house. 5 sons and parents.
- Ali Hassan's mother is busy all-day in-house chores that is why she is not giving proper care and time to Ali Hassan for proper upbringing.
- Overall Hygiene condition is better
- Child is un-vaccinated.
- They live in 2 rooms block made house in the city.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.0 cm
Weight at the time of admission	5.0 kg
No of visits / Duration	15 Visits
MUAC at the time of exit	12.0 cm
Weight at the time of exit	7.0 kg
Additional information if any	-



CASE STUDY

Case Study No.: 65  
Health Facility Name: OTP Site BHU Mehar Ali Talpur  
District: Sanghar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Chanesar Odhano (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Farhan
Age	06 Months
No. of Family members	08
Father's Name (Occupation)	Mr. Rahim (Security Guard)
Glance at family	<ul style="list-style-type: none"> <li>Hygiene practices are below too normal</li> <li>No use of exclusive breastfeeding</li> <li>Mother didn't know regarding family planning and birth spacing.</li> <li>Due to busy household engagements mother didn't take proper care of the child.</li> </ul>

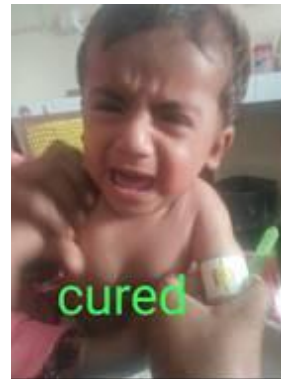
Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.6 cm
Weight at the time of admission	5.6 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	11.7 cm
Weight at the time of exit	7.6 kg
Additional information if any	-



CASE STUDY

Case Study No.: 66  
Health Facility Name: OTP Site BHU Qazi Juman Dehari  
District: Sanghar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Sikandar Ali (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Zainab
Age	36 Months
No. of Family members	10
Father's Name (Occupation)	Mr. M. Ishaque Birohi (Pvt. Security Guard)
Glance at family	<ul style="list-style-type: none"> <li>The family's perception of hygiene is poor, but the beneficiary's father knows how to wash his hands.</li> <li>Mother is unaware regarding variety of food in complimentary feeding.</li> <li>Mother didn't breastfeed the child after 7 months.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	8.3 cm
Weight at the time of admission	6.8 kg
No of visits / Duration	12 Visits
MUAC at the time of exit	11.8 cm
Weight at the time of exit	9.9 kg
Additional information if any	Refer to NSC due to medical complication.





CASE STUDY

Case Study No.: 67  
Health Facility Name: OTP Site BHU Dhani Parto Rajpar  
District: Sanghar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Asif Mangrio (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Mr. Nasir  
12 Months  
06  
Mr. Murad (Farmer)  

- Nutrition condition is not good due to illiteracy.
- Due to Illiteracy, they do not know about family planning and birth spacing.
- The beneficiary has no medical complications in the past
- The family's hygiene sense was equally low.
- Mother has lack of knowledge regarding complimentary diet.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.0 cm
Weight at the time of admission	5.8 kg
No of visits / Duration	09 Visits
MUAC at the time of exit	11.8 cm
Weight at the time of exit	7.5 kg
Additional information if any	-



CASE STUDY

Case Study No.: 68  
Health Facility Name: OTP Site THQ Khipro  
District: Sanghar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Kishore (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Kelash
Age	13 Months
No. of Family members	03
Father's Name (Occupation)	Mr. Vishnu (Labour)
Glance at family	<ul style="list-style-type: none"> <li>▪ Kelash belongs to a deprived family,</li> <li>▪ Beneficiary's father is a labour, The family used ground water for drinking</li> <li>▪ Due to poverty the family has no knowledge of proper hygiene and complimentary diet.</li> <li>▪ There is no proper drainage system in their home.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	8.5 cm
Weight at the time of admission	4.3 kg
No of visits / Duration	14 Visits
MUAC at the time of exit	11.7 cm
Weight at the time of exit	7.0 kg
Additional information if any	-



CASE STUDY

Case Study No.: 69  
Health Facility Name: OTP Site GD Totti  
District: Shaheed Benazirabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Javeed Ali Mahar (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Mr. Siraj  
Age: 18 Months  
No. of Family members: 04  
Father's Name (Occupation): Mr. Allah Yar (Farmer)  
Glance at family:  

- Beneficiary father is a farmer.
- Health and hygiene perception is low
- Financially poor.
- Her mother was normal delivery at Hospital.
- They lived in mud house.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 10.9 cm  
Weight at the time of admission: 7.0 kg  
No of visits / Duration: 09 Visits  
MUAC at the time of exit: 12.4 cm  
Weight at the time of exit: 7.7 kg  
Additional information if any: -



CASE STUDY

Case Study No.: 70  
Health Facility Name: OTP Site BHU 60 Mile  
District: Shaheed Benazirabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Farhana Naz (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Ms. Tabassum  
Age: 10 Months  
No. of Family members: 07  
Father's Name (Occupation): Mr. Hussain Bux (Labour)  
Glance at family:  

- Family is poor.
- They are 07 family members.
- They live in Mud House
- Mother had normal delivery at home.
- Poor health and Hygiene condition
- Improper breastfeeding.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 9.0 cm  
Weight at the time of admission: 4.1 kg  
No of visits / Duration: 09 Visits  
MUAC at the time of exit: 13.5 cm  
Weight at the time of exit: 7.5 kg  
Additional information if any: -





CASE STUDY

Case Study No.: 71  
Health Facility Name: OTP Site BHU 60 Mile  
District: Shaheed Benazirabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Farhana Naz (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Jannat
Age	08 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Hidayatullah (Labour)
Glance at family	<ul style="list-style-type: none"> <li>▪ Family is poor.</li> <li>▪ They are 05 family members.</li> <li>▪ Poor hygiene condition</li> <li>▪ Mother had normal delivery at home.</li> <li>▪ Head of the family is father.</li> <li>▪ Not properly breastfed.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	11.0 cm
Weight at the time of admission	5.0 kg
No of visits / Duration	09 Visits
MUAC at the time of exit	12.2 cm
Weight at the time of exit	6.6 kg
Additional information if any	-



CASE STUDY

Case Study No.: 72  
Health Facility Name: OTP Site GD Punhoon Khan Jamali  
District: Shaheed Benazirabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Shahid Ali (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Ms. Nehmat  
Age: 09 Months  
No. of Family members: 08  
Father's Name (Occupation): Mr. Haneef (Labour)  
Glance at family:

- Family is poor.
- They are 07 family members.
- Child was generalized weak with wasting muscle.
- Mother had normal delivery at home.
- House is made up with mud.
- Health and hygiene were not observed
- No Complimentary feeding.

Pictures:



Admission time



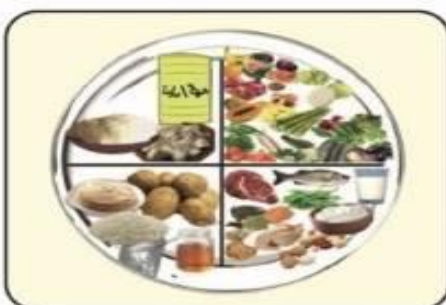
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 10.0 cm  
Weight at the time of admission: 5.7 kg  
No of visits / Duration: 08 Visits  
MUAC at the time of exit: 11.6 cm  
Weight at the time of exit: 7.5 kg  
Additional information if any: -



CASE STUDY

Case Study No.: 73  
Health Facility Name: OTP Site GD Punhoon Khan Jamali  
District: Shaheed Benazirabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Shahid Ali (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Zainab
Age	11 Months
No. of Family members	03
Father's Name (Occupation)	Mr. Masood (Labour)
Glance at family	<ul style="list-style-type: none"> <li>▪ Family is poor.</li> <li>▪ They are 03 family members.</li> <li>▪ Mother had normal delivery at home</li> <li>▪ Poor Hygiene Condition</li> <li>▪ Lack of Breastfeeding Practices.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.5 cm
Weight at the time of admission	5.5 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	12.3 cm
Weight at the time of exit	6.5 kg
Additional information if any	-



CASE STUDY

Case Study No.: 74  
Health Facility Name: OTP Site BHU Jalalani  
District: Shaheed Benazirabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Rashid Ali (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Mr. Muzamil  
Age: 8 Months  
No. of Family members: 04  
Father's Name (Occupation): Mr. Ikhtiar Ali (Farmer)  
Glance at family

- Mother didn't breastfeed the child properly.
- After changing the pamper of Muzamil's mother didn't wash her hands with soap.
- Mother has less knowledge of complimentary diet.
- Water is available in the village they use hand pump water for drinking.
- There is no other medical health facility.

Pictures:



Admission time



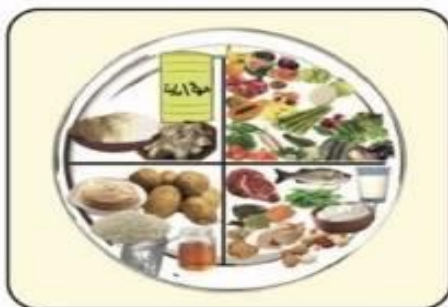
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 9.9 cm  
Weight at the time of admission: 4.8 kg  
No of visits / Duration: 11 Visits  
MUAC at the time of exit: 11.6 cm  
Weight at the time of exit: 6.7 kg  
Additional information if any: -





CASE STUDY

Case Study No.: 75  
Health Facility Name: OTP Site RHC Dolatpur  
District: Shaheed Benazirabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Iqrar Ali Jokhio (Nutrition Assistant)

Bio Data of the Beneficiary:

<p>Name Age No. of Family members Father's Name (Occupation) Glance at family</p>	<p>Mr. Jinsar 10 Months 04 Mr. Razzaq (Beggar)</p> <ul style="list-style-type: none"> <li>▪ They use open defecation.</li> <li>▪ The family is not educated.</li> <li>▪ Hygiene perception of the family is a low-slung. They use hand pump water for drinking.</li> <li>▪ Mother feed him only the routine food which sometimes she borrowed from other.</li> <li>▪ No use of exclusive breastfeeding.</li> </ul>
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Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

<p>Name of programme (SC, OTP, SFP) MUAC at the time of admission Weight at the time of admission No of visits / Duration MUAC at the time of exit Weight at the time of exit Additional information if any</p>	<p>Out Patient Therapeutic Program (OTP) 10.4 cm 5.2 kg 10 Visits 12.0 cm 6.5 kg -</p>
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CASE STUDY

Case Study No.: 76  
Health Facility Name: OTP Site BHU 60 Mile  
District: Shaheed Benazirabad, Sindh  
Managed by: PPHI Sindh  
Prepared by: Farhana Naz (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Nirma
Age	14 Months
No. of Family members	04
Father's Name (Occupation)	Mr. Ali Hassan (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>They live in a 1 room house made from mud.</li> <li>They use an open defecation system.</li> <li>Mother started complimentary feeding to the child at the age of 4 months.</li> <li>Hygiene condition of the family is also below average.</li> <li>Improper diet protocols have been followed by the mother. Usually, mother fed only vegetables to the child.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	7.7 cm
Weight at the time of admission	4.3 kg
No of visits / Duration	12 Visits
MUAC at the time of exit	12.0 cm
Weight at the time of exit	7.0 kg
Additional information if any	-



CASE STUDY

Case Study No.: 77  
Health Facility Name: OTP Site GD Mubarakhpur  
District: Sukkur, Sindh  
Managed by: PPHI Sindh  
Prepared by: Manzoor Ahmed (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Hisan Ali
Age	07 Months
No. of Family members	10
Father's Name (Occupation)	Mr. Maqsood Ahmed (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>The father of child is farmer and mother are house wife.</li> <li>They belong to very poor family.</li> <li>They live in mud houses</li> <li>The father is only earning hand.</li> <li>Health and education perception is very low.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	8.5 cm
Weight at the time of admission	3.8 kg
No of visits / Duration	17 Visits
MUAC at the time of exit	11.7 cm
Weight at the time of exit	6.7 kg
Additional information if any	-



CASE STUDY

Case Study No.: 78  
Health Facility Name: OTP Site GD Mubarakhpur  
District: Sukkur, Sindh  
Managed by: PPHI Sindh  
Prepared by: Manzoor Ahmed (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Sheema
Age	08 Months
No. of Family members	08
Father's Name (Occupation)	Mr. Muhammad Hanif (Labour)
Glance at family	<ul style="list-style-type: none"> <li>The father of child is farmer.</li> <li>They belong to very poor family.</li> <li>They live in mud houses.</li> <li>The Child mother is working as Aya in a School</li> <li>Lack of care of children from Parents.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.2 cm
Weight at the time of admission	4.3 kg
No of visits / Duration	17 Visits
MUAC at the time of exit	11.6 cm
Weight at the time of exit	6.7 kg
Additional information if any	-





CASE STUDY

Case Study No.: 79  
Health Facility Name: OTP Site BHU New Pind  
District: Sukkur, Sindh  
Managed by: PPHI Sindh  
Prepared by: Aqsa Shabir (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Mr. Waqas  
Age: 7 Months  
No. of Family members: 06  
Father's Name (Occupation): Mr. Altaf Hussain (Auto Driver)  
Glance at family:

- The father of Waqas is Riksha /Auto driver and mother is house wife.
- The family of Waqas lived in joint family and belong to poor family.
- They have own house made of mud.
- There are two earning hands grandfather is having Govt job.
- Hygiene perception is low.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 8.7 cm  
Weight at the time of admission: 4.9 kg  
No of visits / Duration: 10 Visits  
MUAC at the time of exit: 11.7 cm  
Weight at the time of exit: 6.5 kg  
Additional information if any: -



CASE STUDY

Case Study No.: 80  
Health Facility Name: OTP Site GD Mubarakhpur  
District: Sukkur, Sindh  
Managed by: PPHI Sindh  
Prepared by: Manzoor Ahmed (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Rizwana
Age	13 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Abdul Qadeer (Labour)
Glance at family	<ul style="list-style-type: none"> <li>The father of Rizwana is Labour earning daily wages and mother is house wife.</li> <li>The family of Rizwana lived in jointly and belong to poor family.</li> <li>They have own house made of mud.</li> <li>No Hygiene practices were observed</li> <li>No exclusive Breastfeeding was observed.</li> <li>No use of complimentary feeding.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.7 cm
Weight at the time of admission	5.4 kg
No of visits / Duration	13 Visits
MUAC at the time of exit	11.79 cm
Weight at the time of exit	7.3 kg
Additional information if any	-



CASE STUDY

Case Study No.: 81  
Health Facility Name: OTP Site BHU New Pind  
District: Sukkur, Sindh  
Managed by: PPHI Sindh  
Prepared by: Aqsa Shabir (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Mr. Hasnain  
Age: 27 Months  
No. of Family members: 07  
Father's Name (Occupation): Mr. Zameer (Hafiz at Mosque)  
Glance at family:

- The father of Hasnain is Hafiz sb at Masjid and mother is house wife.
- The family of Hasnain lived in jointly and belong to poor family,
- They have own house made of mud.
- There are two earning hands on one is having permanent job.
- They Live in Backward area.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 10.5 cm  
Weight at the time of admission: 7.6 kg  
No of visits / Duration: 10 Visits  
MUAC at the time of exit: 13.3 cm  
Weight at the time of exit: 10.4 kg  
Additional information if any: -



CASE STUDY

Case Study No.: 82  
Health Facility Name: OTP Site GD Mubarakhpur  
District: Sukkur, Sindh  
Managed by: PPHI Sindh  
Prepared by: Manzoor Ahmed (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Ms. Sofia  
08 Months  
07  
Mr. Abdul Shakoor (Labour)  

- Belonged to very poor family.
- They use line water for drinking but the quality of the water is poor.
- They use open defecation.
- There is no proper drainage system in the house.
- Hygiene perception of the family is low.
- Mother didn't breastfeed her child after 4 months.

Pictures:



Admission time



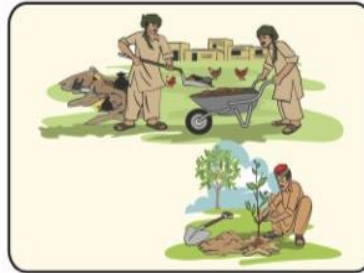
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.1 cm
Weight at the time of admission	4.6 kg
No of visits / Duration	13 Visits
MUAC at the time of exit	12.0 cm
Weight at the time of exit	7.2 kg
Additional information if any	-





CASE STUDY

Case Study No.: 83  
Health Facility Name: Community site Qaiser Pitafi  
District: Sukkur, Sindh  
Managed by: PPHI Sindh  
Prepared by: Manzoor Ahmed (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Ms. Falak  
11 Months  
05  
Mr. Amjad Ali (Farmer)  

- The family uses line water for drinking
- There is no nearby health facility located in the village.
- They use open defecation
- Hygiene condition of the family is also low.
- Mother didn't feed the child properly
- Mother also has lack of knowledge regarding positioning and attachment of exclusive breastfeeding.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.2 cm
Weight at the time of admission	4.1 kg
No of visits / Duration	13 Visits
MUAC at the time of exit	12.2 cm
Weight at the time of exit	6.6 kg
Additional information if any	-



CASE STUDY

Case Study No.: 84  
Health Facility Name: OTP Site BHU Tando Thatti  
District: Sukkur, Sindh  
Managed by: PPHI Sindh  
Prepared by: Tahira Farooque (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Mr. Muhammad Hanif  
Age: 12 Months  
No. of Family members: 03  
Father's Name (Occupation): Mr. Mureed (Labour in Chowara Mandi)  
Glance at family:

- They have a rented house made of mud with 2 rooms.
- They are not well-educated and unaware about health & hygiene and malnutrition.
- The hygiene status of the family was low.
- There is another health facility Long Bhatti is situated in the village but the family preferred Tando Thatti for treatment because Tando Thatti is at easy access to the family.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 8.5 cm  
Weight at the time of admission: 5.0 kg  
No of visits / Duration: 11 Visits  
MUAC at the time of exit: 12.2 cm  
Weight at the time of exit: 7.0 kg  
Additional information if any: -



CASE STUDY

Case Study No.: 85  
Health Facility Name: OTP Site GD Verhari  
District: Tharparkar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Abdul Subhan (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Zameera
Age	14 Months
No. of Family members	07
Father's Name (Occupation)	Mr. Ali Sheer (Labor)
Glance at family	<ul style="list-style-type: none"> <li>Her father Ali Sher is a wages labor, his earning is difficultly 6 thousand.</li> <li>Financial conditions are very low.</li> <li>Hygiene conditions of family are not well with open defecation.</li> <li>No birth spacing.</li> <li>No use of exclusive Breastfeeding</li> <li>House is made up of bushes</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.0 cm
Weight at the time of admission	4.8 kg
No of visits / Duration	6 Visits
MUAC at the time of exit	11.7 cm
Weight at the time of exit	6.6 kg
Additional information if any	-



CASE STUDY

Case Study No.: 86  
Health Facility Name: OTP Site GD Verhari  
District: Tharparkar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Abdul Subhan (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Mr. Shakeel  
Age: 10 Months  
No. of Family members: 06  
Father's Name (Occupation): Mr. Qayoom (Labor)  
Glance at family:  

- His father Habibullah is a Labor
- His monthly earning is 8 thousand
- financially conditions poor 06 family members no any other source of income
- Domestic hygienic condition very poor
- No practice of proper breastfeeding.

Pictures:



Admission time



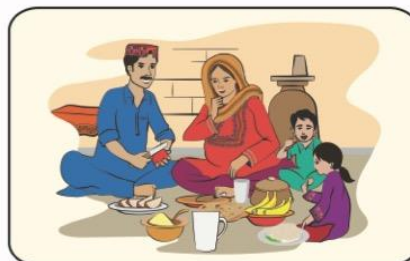
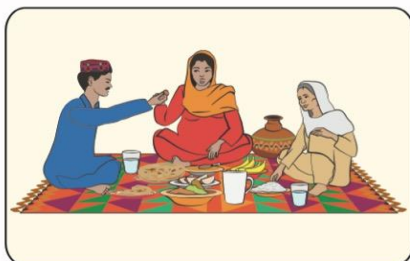
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 10.4 cm  
Weight at the time of admission: 6.3 kg  
No of visits / Duration: 7 Visits  
MUAC at the time of exit: 12.0 cm  
Weight at the time of exit: 7.8 kg  
Additional information if any: -





CASE STUDY

Case Study No.: 87  
Health Facility Name: OTP Site BHU Mithrio Bhatti  
District: Tharparkar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Memon Nohri (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Zubair
Age	9 Months
No. of Family members	03
Father's Name (Occupation)	Mr. Abdul Ghani (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>Look after domestic animals that are one goat. He was born at home with the Help of traditional birth attendant at birth.</li> <li>He was feed with "sutti" and then Feeding small quantity of breast milk</li> <li>Her mother started feeding goat milk at the Age of two months.</li> <li>The beneficiary has history of frequent pneumonia and TB.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.6 cm
Weight at the time of admission	5.0 kg
No of visits / Duration	9 Visits
MUAC at the time of exit	12.0 cm
Weight at the time of exit	6.9 kg
Additional information if any	-



CASE STUDY

Case Study No.: 88  
Health Facility Name: OTP Site DHQ Mithi  
District: Tharparkar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Tulsi Das Kolhi (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Mahish
Age	07 Months
No. of Family members	04
Father's Name (Occupation)	Mr. Santosh (Labor)
Glance at family	<ul style="list-style-type: none"> <li>▪ Mahish family backgrounds is not satisfactory.</li> <li>▪ Mahish family income is very low</li> <li>▪ Mahish's mother is hard working</li> <li>▪ Low hygienic condition also doing work in the crops.</li> <li>▪ Her mother is unaware to family planning.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	7.8 cm
Weight at the time of admission	3.4 kg
No of visits / Duration	10 Visits
MUAC at the time of exit	12.0 cm
Weight at the time of exit	6.0 kg
Additional information if any	-



CASE STUDY

Case Study No.: 89  
Health Facility Name: OTP Site DHQ Mithi  
District: Tharparkar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Tulsi Das Kolhi (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Hasina
Age	36 Months
No. of Family members	06
Father's Name (Occupation)	Mr. Darya Khan (Labor)
Glance at family	<ul style="list-style-type: none"> <li>Hasina's family backgrounds are not satisfactory.</li> <li>Hasina's family income is very low</li> <li>Hasina mother is hard working housewife.</li> <li>Low hygienic condition</li> <li>Her mother is unaware to family planning.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.3 cm
Weight at the time of admission	6.3 kg
No of visits / Duration	6 Visits
MUAC at the time of exit	13.1 cm
Weight at the time of exit	9.5 kg
Additional information if any	-



CASE STUDY

Case Study No.: 90  
Health Facility Name: OTP Site DHQ Mithi  
District: Tharparkar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Tulsi Das Kolhi (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Neeta
Age	13 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Bhanjee (Labor)
Glance at family	<ul style="list-style-type: none"> <li>They belong to very poor family.</li> <li>Hygiene perception of the family is very low</li> <li>They live in their ancestor's house in Mithi made from bricks.</li> <li>The family is uneducated.</li> <li>Mother has less knowledge regarding complimentary feeding.</li> </ul>

Pictures:



Admission time



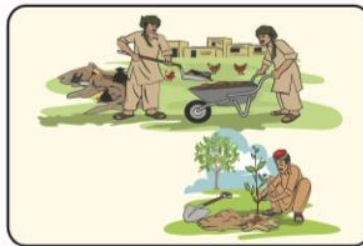
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.5 cm
Weight at the time of admission	6.5 kg
No of visits / Duration	6 Visits
MUAC at the time of exit	12.0 cm
Weight at the time of exit	7.7 kg
Additional information if any	-





CASE STUDY

Case Study No.: 91  
Health Facility Name: OTP Site BHU Rarakar  
District: Tharparkar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Gulsher Rahimoon (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Ms. Fazila  
Age: 13 Months  
No. of Family members: 03  
Father's Name (Occupation): Mr. Ubedullah (Labor)  
Glance at family:  

- The hygiene condition of the family was low.
- Her mother is unaware to family planning.
- The family uses well water situated near their house.
- Their house is made with bushes
- There is no nearby health facility in the village.
- They use open defecation system.

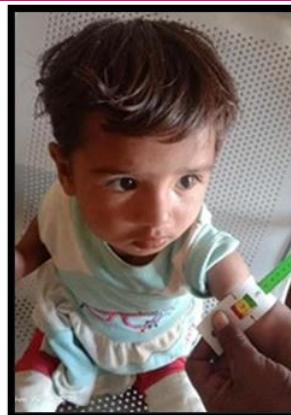
Pictures:



Admission time



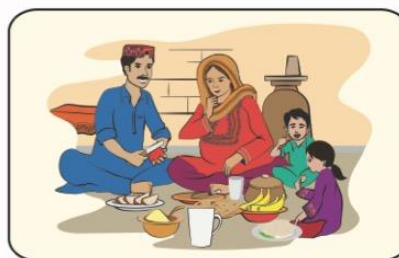
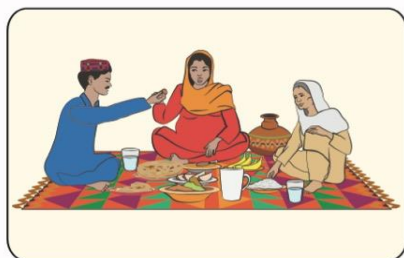
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP): Out Patient Therapeutic Program (OTP)  
MUAC at the time of admission: 11.2 cm  
Weight at the time of admission: 7.4 kg  
No of visits / Duration: 5 Visits  
MUAC at the time of exit: 11.9 cm  
Weight at the time of exit: 8.0 kg  
Additional information if any: -



CASE STUDY

Case Study No.: 92  
Health Facility Name: OTP Site THQ Diplo  
District: Tharparkar, Sindh  
Managed by: PPHI Sindh  
Prepared by: Nabi Bux (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Kuldeep
Age	09 Months
No. of Family members	03
Father's Name (Occupation)	Mr. Haboo (Labour)
Glance at family	<ul style="list-style-type: none"> <li>Hygiene perception of the family is a low.</li> <li>Mother didn't breastfeed the child since, 5 months of colostrum.</li> <li>They use well water, but the quality of water is not good.</li> <li>Mother has less idea of complimentary feeding.</li> <li>Mother use bottle for feeding.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.0 cm
Weight at the time of admission	5.4 kg
No of visits / Duration	10 Visits Weekly
MUAC at the time of exit	12.5 cm
Weight at the time of exit	7.9 kg
Additional information if any	-



CASE STUDY

Case Study No.: 93  
Health Facility Name: OTP Site BHU Mola Bux Rajar  
District: Umerkot, Sindh  
Managed by: PPHI Sindh  
Prepared by: Ghulam Mustafa (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Bakh
Age	7 Months
No. of Family members	04
Father's Name (Occupation)	Mr. Murtaza (Shopkeeper)
Glance at family	<ul style="list-style-type: none"> <li>Domestic hygienic condition very poor.</li> <li>Her parents are short on time. Because of their source of income, for their children.</li> <li>Un aware about health and hygiene.</li> <li>Nutrition condition also poor due to uneducated about use of forming availability food such as vegetable fruit etc.</li> </ul>

Pictures:



Admission time



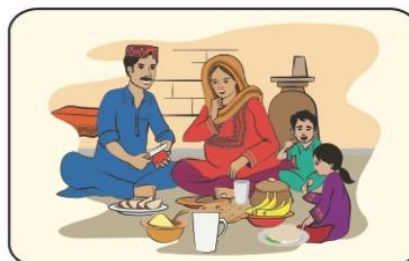
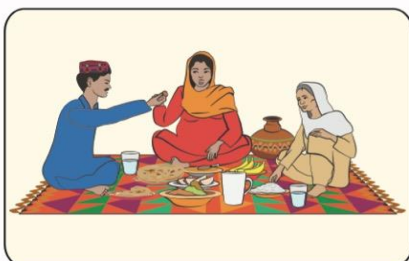
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.9 cm
Weight at the time of admission	4.9 kg
No of visits / Duration	07 Visits
MUAC at the time of exit	11.9 cm
Weight at the time of exit	5.6 kg
Additional information if any	-



CASE STUDY

Case Study No.: 94  
Health Facility Name: OTP Site GD Ismail Nohri  
District: Umerkot, Sindh  
Managed by: PPHI Sindh  
Prepared by: Ali Hassan (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Devi
Age	48 Months
No. of Family members	09
Father's Name (Occupation)	Mr. Dhalo (Labour)
Glance at family	<ul style="list-style-type: none"> <li>The family is not well educated.</li> <li>The hygiene perception of the family is low.</li> <li>Mother is not washing her hands with soap.</li> <li>Mother has less knowledge of exclusive breastfeeding.</li> <li>Due to poverty, mother has less knowledge of complimentary feeding.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.0 cm
Weight at the time of admission	9.4 kg
No of visits / Duration	03 Visits
MUAC at the time of exit	12.4 cm
Weight at the time of exit	11.8 kg
Additional information if any	Transfer to TSFP





CASE STUDY

Case Study No.: 95  
Health Facility Name: OTP Site BHU Mola Bux Rajpar  
District: Umerkot, Sindh  
Managed by: PPHI Sindh  
Prepared by: Ghulam Mustafa (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Vikram
Age	8 Months
No. of Family members	03
Father's Name (Occupation)	Mr. Teekam (Labour)
Glance at family	<ul style="list-style-type: none"> <li>Family lives in poverty</li> <li>Un hygiene Family</li> <li>Unawareness about health and hygiene</li> <li>Survive on Daily wages</li> <li>This family belongs from poor family they haven't to survive properly. It is not easy for them to facilitate to their kids about nutrition.</li> </ul>

Pictures:



Admission time



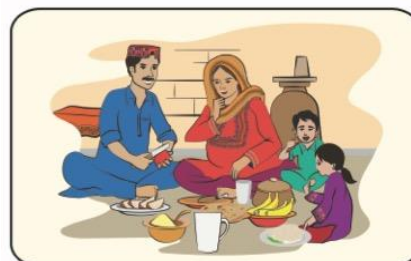
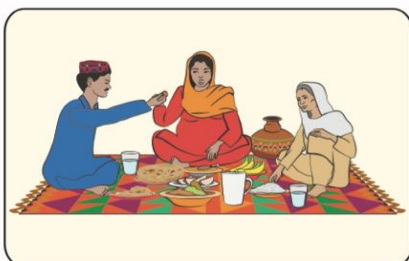
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.9 cm
Weight at the time of admission	4.0 kg
No of visits / Duration	16 Visits
MUAC at the time of exit	11.7 cm
Weight at the time of exit	5.8s kg
Additional information if any	-



CASE STUDY

Case Study No.: 96  
Health Facility Name: OTP Site BHU M. Hassan Gujrati  
District: Umerkot, Sindh  
Managed by: PPHI Sindh  
Prepared by: Jeewan (Nutrition Assistant)

Bio Data of the Beneficiary:

Name: Ms. Kajal  
Age: 18 Months  
No. of Family members: 04  
Father's Name (Occupation): Mr. Mukesh (Farmer)  
Glance at family:  

- They belong to Poor family
- Family is residing at backward area
- They are flood affected
- No Health and Hygiene practice
- House is made from mud.

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.3 cm
Weight at the time of admission	5.1 kg
No of visits / Duration	06 Visits
MUAC at the time of exit	11.5 cm
Weight at the time of exit	6.3 kg
Additional information if any	-



CASE STUDY

Case Study No.: 97  
Health Facility Name: OTP Site BBU Plus Faqeer Abdullah  
District: Umerkot, Sindh  
Managed by: PPHI Sindh  
Prepared by: Anwar Ali (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Dhanesh
Age	15 Months
No. of Family members	05
Father's Name (Occupation)	Mr. Aachar (Farmer)
Glance at family	<ul style="list-style-type: none"> <li>▪ Poverty.</li> <li>▪ Lack of interest Dietary History.</li> <li>▪ Unawareness about IYCF.</li> <li>▪ Having no Family Planning.</li> <li>▪ Unawareness about exclusive breastfeeding.</li> </ul>

Pictures:



Admission time



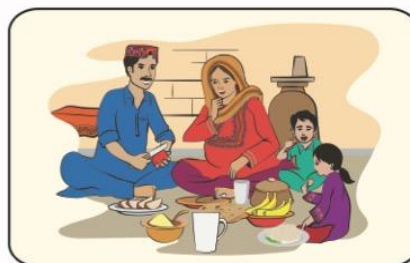
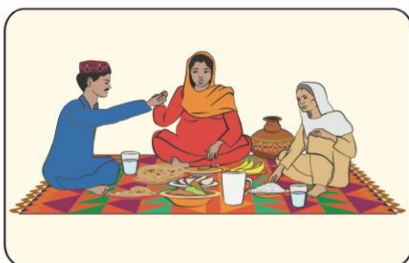
Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.7 cm
Weight at the time of admission	6.1 kg
No of visits / Duration	05 Visits
MUAC at the time of exit	11.7 cm
Weight at the time of exit	6.8 kg
Additional information if any	-



CASE STUDY

Case Study No.: 98  
Health Facility Name: OTP Site BHU Plus Saleh Bhanbharo  
District: Umerkot, Sindh  
Managed by: PPHI Sindh  
Prepared by: M. Raza Attari (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Mr. Muhammad Ali
Age	36 Months
No. of Family members	08
Father's Name (Occupation)	Mr. Shah Muhammad (Labour)
Glance at family	<ul style="list-style-type: none"> <li>The family uses open defecation</li> <li>There is no drainage system in the house.</li> <li>No birth spacing</li> <li>Hygiene perception of the family is a low-slung</li> <li>Sometimes mother use bottle for feeding.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	9.5 cm
Weight at the time of admission	6.7 kg
No of visits / Duration	07 Visits
MUAC at the time of exit	12.2 cm
Weight at the time of exit	8.6 kg
Additional information if any	-





CASE STUDY

Case Study No.: 99  
Health Facility Name: OTP Site THQ Pithoro  
District: Umerkot, Sindh  
Managed by: PPHI Sindh  
Prepared by: M. Uris (Nutrition Assistant)

Bio Data of the Beneficiary:

Name	Ms. Rukhsar
Age	07 Months
No. of Family members	04
Father's Name (Occupation)	Mr. Waseem Ali (Labour)
Glance at family	<ul style="list-style-type: none"> <li>▪ Their house is made from bricks (kaccha)</li> <li>▪ They use lake water for drinking.</li> <li>▪ There is no nearby health facility located in the village.</li> <li>▪ Mother has lack of knowledge regarding the positioning exclusive breastfeeding.</li> <li>▪ Due to poverty, mother didn't feed the proper complimentary diet.</li> </ul>

Pictures:



Admission time



Follow Up



Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.4 cm
Weight at the time of admission	5.0 kg
No of visits / Duration	06 Visits
MUAC at the time of exit	12.0 cm
Weight at the time of exit	6.7 kg
Additional information if any	-



CASE STUDY

Case Study No.: 100  
Health Facility Name: OTP Site BHU Plus Faqeer Abdullah  
District: Umerkot, Sindh  
Managed by: PPHI Sindh  
Prepared by: Anwar Ali (Nutrition Assistant)

Bio Data of the Beneficiary:

Name  
Age  
No. of Family members  
Father's Name (Occupation)  
Glance at family

Mr. Roopchand  
18 Months  
06  
Mr. Vikyo (Labour)  

- The family has poor, they live in 1 room house made with bushes.
- The mother didn't breastfeed the child after 5 months of colostrum.
- The mother is unaware of birth spacing.
- The family uses hand pump water for drinking.
- Mother mostly cooked vegetables, not a proper complimentary diet.

Pictures:



Admission time



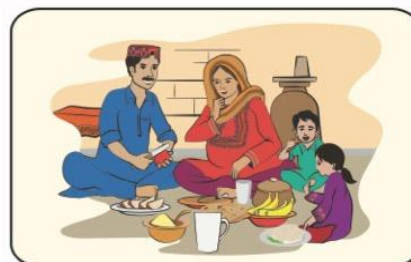
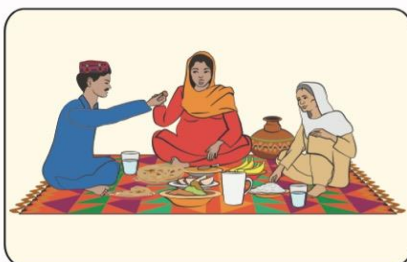
Follow Up



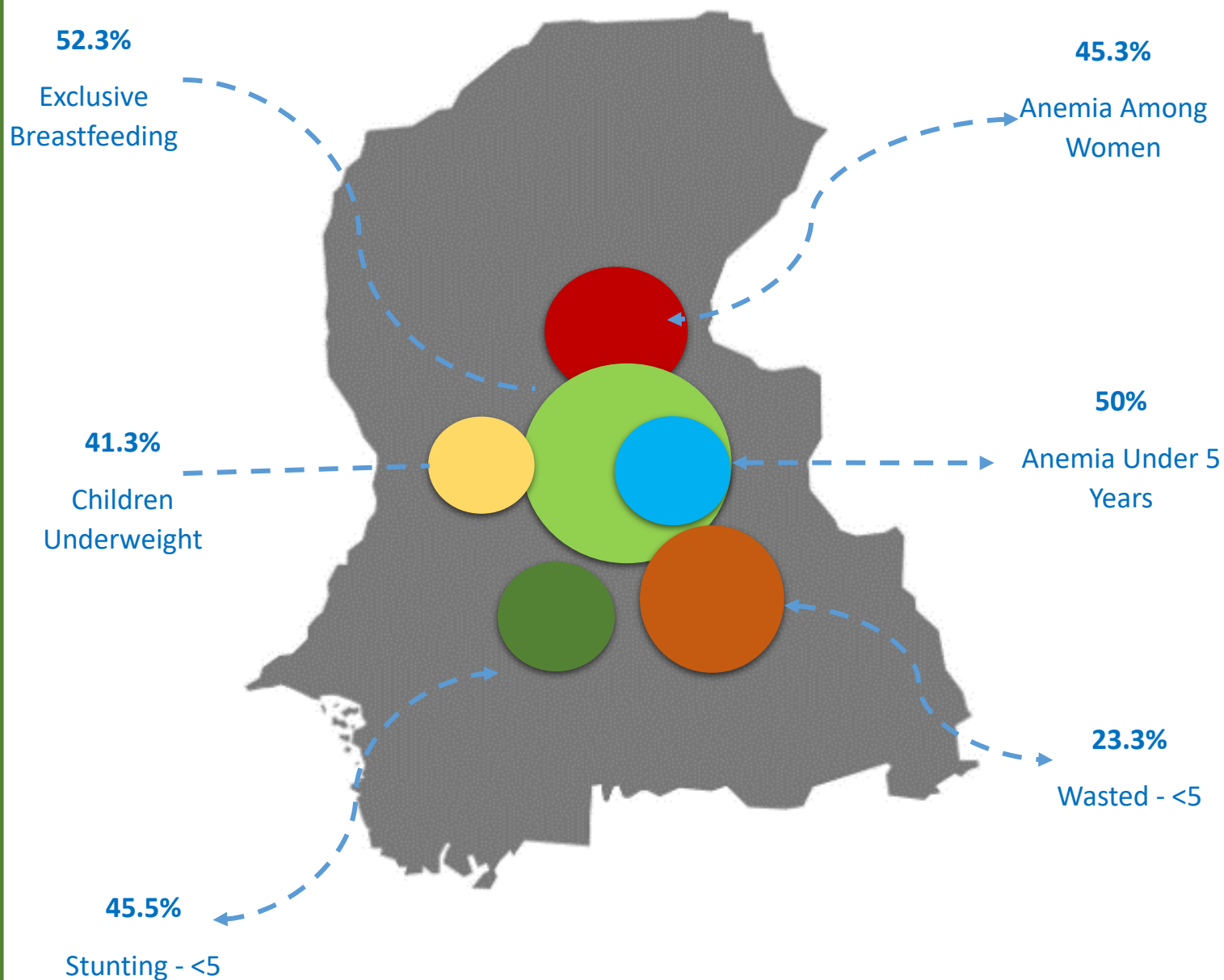
Cured

Technical information of Case Study:

Name of programme (SC, OTP, SFP)	Out Patient Therapeutic Program (OTP)
MUAC at the time of admission	10.7 cm
Weight at the time of admission	5.4 kg
No of visits / Duration	06 Visits
MUAC at the time of exit	12.6 cm
Weight at the time of exit	7.0 kg
Additional information if any	-



# Nutrition Situation in Sindh – NN NNS 2018



**Accelerated Action Plan (AAP)**  
Health Department, Government of Sindh





Women Resource Center, Behind Naval Heights, Kala Pul  
Karachi.

Phone No. 92-21-99332108-09

[www.aaphealth.gos.pk](http://www.aaphealth.gos.pk) Email : [info@aaphealth.gos.pk](mailto:info@aaphealth.gos.pk)